



Summer 2024 Schedule



www.collin.edu/sail



sail@collin.edu



972-985-3788

Courtyard Center
4800 Preston Park Blvd, Ste.116
Plano, TX 75093

SAIL is an educational program operated by and for individuals 55 years of age or better under the sponsorship of Collin College Continuing Education.



Welcome to Summer 2024 Semester!

If you are new to SAIL, we extend a warm welcome and if you are a returning SAIL member, we are so excited to have you back! Our incredible instructors have worked hard to put together a brain stimulating and fun summer schedule. This summer we will have a Guest Speaker, Ms. Bernadette Story, wife of Motown producer and writer Allen Story in the 60's. She will share with us their experiences during this remarkable time of music (see flyer in the schedule)!

SAIL (Scholars Active in Learning) launched its first semester under the sponsorship of Collin College in Fall 1996 and has been serving our lifelong learners ever since! We offer a fall, spring and summer term and each semester brings all new content to challenge and stimulate your brain. It's a great way to socialize, meet new friends and share your love of learning!

SAIL classes are open to members who are 55+ and have an interest in learning! Did you know that anyone that meets the age requirement can take SAIL classes from anywhere in the world?

Be sure to tell friends and family to check out the summer 2024 schedule, even if they don't live in the area. We want others to be able to "SAIL" with us!

The summer 2024 schedule will be a combination of **on campus classes** and **online classes**. Each course in the summer schedule will indicate if it is **on campus**, or **online**.

Online learning links to your class will be emailed to you, if you have **registered** for that class, 2-3 days before the class starts. Be sure to save the link where you can easily find it, as most links will be re-curring for that particular course.

SAIL has been going strong at Collin College since 1996 and it is our members and instructors that make this the amazing program it is today. We thank each and every one of you for "sailing" with us.

Enjoy your classes this summer semester and feel free to contact the SAIL office with any questions at **972.985.3788** or email sail@collin.edu.

***A special thank you to Nancy Siegel who shared her photos from her trip to Botswana and Victoria Falls in March 2024 for the summer schedule! Here is a brief statement she shared....**

*I spent about two weeks on a safari and visiting Victoria Falls. The word that came out of my mouth constantly was **WOW**. Seeing the animals in their natural habitat living freely, unafraid of us, and allowing us to get up close to observe was awesome. (The herbivores were afraid of the predators, though.) I could not get enough of seeing the giraffes, zebras, antelopes, ostriches, warhogs, and elephants. A herd of about 30 elephants crossed the airstrip we were going to take off from. Lions, leopards and cheetahs were all fearsome and graceful to look at. And of course, the babies of all the species were special to see. Giraffe calves were so tall. Lion cubs were so cute. Elephant babies so playful. Victoria Falls was large and powerful. It makes Niagara Falls look small. All I can say about the trip is **WOW!!!!***

Sherry J. Scamardo
SAIL Program Director



DROP YOUR ANCHOR

SAIL Office

Courtyard Center
972.985.3788

Office Hours

Monday-Friday, 8 a.m.-5 p.m.

Website

www.collin.edu/sail



Follow us on Facebook!

Collin College Scholars Active in Learning

Mailing Address

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Scholars Active in Learning
4800 Preston Park Blvd. Ste.116
Plano, TX 75093

E-mail

sail@collin.edu

SAIL Crew:

Dr. Roger Widmer Assistant Vice President - Courtyard Center

Karen Musa Executive Dean-Courtyard Center

Sherry Scamardo Director-SAIL Program-Courtyard Center

Volunteers Our countless volunteers that assist!

SAIL Campuses:

Courtyard Center

Celina Campus

Collin Higher Education Center

Farmersville Campus

Wylie Campus

4800 Preston Park Blvd., Plano, TX 75093

2505 Kinship Parkway, Celina, TX 75009

3452 TX-399 Spur, McKinney, TX 75069

501 S. Collin Parkway, Farmersville, TX 75442

391 Country Club Road, Wylie, TX 75098

***SAIL campus course selection will vary by semester!**

SAIL is an educational program for individuals 55 years of age or older under the sponsorship of Collin College Continuing Education.



SUMMER 2024 REGISTRATION INFORMATION

Membership Cost for Summer Courses	\$25.00
Number of Courses I Can Take	Unlimited courses!!
When Does Registration Begin?	MAY 20 (Monday)
When Do Classes Begin?	JUNE 3 (Monday)
How Do I Sign Up?	See registration options below.

Registration Options (Begins 5/20/24)

1. **Register online**, and **pay online** by credit card, www.collin.edu/sail
We accept VISA, MasterCard, and Discover
2. **Register online** but **pay by telephone**. Contact the Bursars office.
972-985-3724 or the SAIL office **972-985-3788**.
(Please have the 6-digit registration number that you received when you registered)
3. **Register at the Courtyard Center** in Plano, Suite 116.
sail@collin.edu 972.985.3788. Monday-Friday 8 am-5 pm
4. **Mail In:** Download a worksheet form or send us a list,
and mail it back with your check (payable to Collin College SAIL) to:
Collin College (SAIL)
4800 Preston Park Blvd., Suite 116
Plano, TX 75093

Please note that classes are filled on a first come basis.

**Need assistance with registration? Contact the SAIL office at 972.385.3788 or email us at sail@collin.edu.
We are here to help!**

SAIL Tip: Summer classes will be face to face on campus and online classes.

SAIL Tip: If you have registered successfully, the system will generate a 6-digit number.

SAIL Tip: Your registration confirmation will go to your spam folder, so be sure to check it for your copy.

SAIL Tip: Choose your classes before you register, so the system doesn't time out on you! There is a worksheet online to print out that is helpful to write down your classes, before you register.

SAIL Tip: If a class is full, the system will say, **class not available**. Contact the SAIL office by email, sail@collin.edu if you would like to be put on a waiting list.

We occasionally use photos of SAIL classes on our website and Facebook sites. Please let us know if you would like to opt out of your photo being used.

SAIL classes are not eligible for the Texas resident 65 and older tuition exemption.

Please note that once the semester starts, there are no refunds on SAIL membership costs.



CYC- Courtyard Ctr OL-Online Course

SUMMER 2024 REGISTRATION SHEET (BY DAY)

TITLE	CAMPUS	ROOM	BEGIN DATE	END DATE	DAY	START TIME	END TIME	SESS
Savvy Cybersecurity & How to Avoid Four Common Elder Scams	CYC	122	6/10	6/10	Mon	10:30	12:00	1
Strategic Storytelling	Hybrid	OL& OC 229	6/3 OL	6/24 OC	Mon	10:00	12:00	2
Introduction to Geology	OL	n/a	6/3	6/24	Mon	11:00	12:30	4
Lesser Stories of WWII: Unanticipated Heroes	CYC	122	6/4	6/25	Tue	11:00	12:30	4
"Georgy Girl" - How the Seekers Toppled the Beatles and the Stones	CYC	422	6/4	6/4	Tue	10:00	11:30	1
"Georgy Girl" - How the Seekers Toppled the Beatles and the Stones	OL	n/a	6/4	6/4	Tue	2:00	3:30	1
Hodgepodge: A Medley of Stories From Around the World	CYC	122	6/4	6/25	Tue	2:30	4:00	4
Yes Virginia, There Are Great American Female Classical Composers!	CYC	422	6/11	6/11	Tue	10:00	11:30	1
Yes Virginia, There Are Great American Female Classical Composers!	OL	n/a	6/11	6/11	Tue	2:00	3:30	1
Go, Pullman: The Era of Luxury Rail Travel in America	Frisco	n/a	6/18	6/18	Tue	10:00	11:30	1
Road trip Planning!	CYC	222	6/5	6/12	Wed	10:00	11:15	2
O Pioneers! By Willa Cather	CYC	223	6/5	6/12	Wed	1:30	2:30	2
Love of Musicals IV	CYC	122	6/12	6/26	Wed	10:30	12:00	3
Summer Novel Discussion Group	CYC	229	6/12	6/12	Wed	11:30	1:00	1
What Do You Remember? Adding Leaves to Your Family Tree	CYC	302	6/19	6/26	Wed	1:30	3:00	2
Free Your Focus from Stress	CYC	422	6/19	6/19	Wed	11:00	12:15	1
Discussing Octopuses	CYC	229	6/26	6/26	Wed	11:30	1:00	1
Myth Busting Medicare	CYC	122	6/6	6/20	Thur	1:00	2:30	3
The History of Organized Crime in the United States, 1850-1957	OL	n/a	6/6	6/27	Thur	10:00	11:30	4
Summer Novel Discussion Group	OL	n/a	6/13	6/13	Thur	12:00	1:00	1
Discussing Octopuses	OL	n/a	6/27	6/27	Thur	12:00	1:00	1
AI: Navigating the New Wave of Intelligence	CYC	OL	6/27	6/27	Thur	1:30	3:00	1
How to Thrift Like a Pro (Bring a friend!)	CYC	229	6/20	6/27	Thur.	1:00	2:30	2
Mixed Media Collage	CYC	337	6/7	6/21	Fri	2:00	4:00	3
The Civil War at Sea	CYC	122	6/21	7/5	Fri	10:30	11:30	3
Facebook: From Sharing to Settings	CYC	122	6/7	6/14	Fri	1:30	3:00	2
Movement and Meditation - OL	OL	n/a	6/8	6/29	Sat	10:15	11:15	4

Name _____ Address _____ City _____

Zip Code _____ Contact # _____ Emergency Contact # _____

Email _____ REGISTRATION # _____

Payment: Check# _____ Cash _____ Credit Card _____ Exp. _____ CVS _____

ARTS

AH - ARTS – Mixed Media Collage

Create a fun collage painting using decorative papers, magazines, and other collage materials. After we create our collage, we will use other media such as paint, ink, pencil, charcoal, and pastels to finish off our artwork. Bring a canvas of your size choice, and all other supplies will be provided for this fun and creative project.

***Supplies: Bring a canvas of your choice.**

A \$5.00 supply fee is due on the first-class day to cover all other supplies provided by the instructor.

Student Limit: 18

Fri. 6/7-6/21

2-4 pm

Campus: CYC Room 337

Instructor: Lori Ruml

Sessions: 3

Lori Ruml has an M.A. in Art Education with a concentration in Watercolor. She has been teaching since 1995. She received a scholarship to an Art program in Europe to study with watercolor artist, Rob Erdle, while working on her M.A. As the owner of *The Art Experience*, she also does murals, custom work, and art parties in addition to community art classes. Her interests extend to all mediums of art from acrylic, oil, and watercolor to sculpture and pottery. She has also had the honor of learning from Renaissance style painter, Frank Covino, focusing on oil painting in classical styles.



Photo Credit Nancy Siegel

FUN TO KNOW

FTK- How to Thrift Like a Pro (Bring a Friend)

The thrift sisters want to make you a thrift pro! If you're someone who loves a good deal, the "thrill of the kill" shopping experience, and enjoys the comradery, join us for these fun-filled sessions. Thrift stores are part of a \$14.4 billion industry. They are populated by people of all ages and both genders. Who knows? With your thrift pro training, you may be like the antique dealer in Austin who found a bust of a Roman soldier in her local Goodwill. She purchased it for \$35.00 and when the bust was authenticated, it was estimated to be well over several hundred thousand dollars.

Even if you don't find such a valuable antiquity, we are pretty sure some great finds are in your future!

Thur. 6/20 & 27 1-2:30 pm Campus: CYC Room 229

Instructors: Diane Novembrino* and Carol Wertheimer* (new instructors) Sessions: 2

Diane Laino Novembrino, B.A. in English, M.Ed. in Reading, K-adult, certifications in Human Resources and Training. Diane has held HR, Training and Marketing positions in several retail companies. Currently, she has joined the growing and very popular thrift shopping trend. She and her "thrifting sister", Carol, want to share their experience and enthusiasm for this trend with you! So, join us and let's go thrifting.

Carol Herman Wertheimer is a longtime thrifter and bargain hunter with experience in both wholesale & retail fashion. She loves the hunt as much as adding to her wardrobe. Her YouTube channel, *Fashionista At 80*, encourages women of a certain age to present themselves in a positive way, without spending a ton of money, so that they can be seen and heard. Thrifting can be a wonderful distraction filled with laughter & fun. So happy to share my passion for fashion with all of you. I also thrift for home decor, vintage & collectibles.

FTK - Road trip Planning

Are you the trip planner for your family or group of friends? Do you like to reminisce about past places you have visited? Let's take a ride around a few different map websites in the computer lab, map apps for Android phones and tablets, and other travel sites that are helpful in planning a future trip or taking a virtual walk down memory lane.

Wed. 6/5 & 6/12 10-11:15 am Campus: CYC Room 222 (computer lab)

Instructor: Lisa Evans-Reagan Sessions: 2

Lisa loves to travel the open road as well as learn new things and share her knowledge. Her love of travel started while traveling to compete at track meets from Junior High through college at TCU. It was an opportunity to see new towns, meet new people, and share the experience with her family and team mates. These days, she and her hubby like visiting the beach, mountains, historic sites, places featured on HGTV and the Food Network, as well as taking scenic routes.

FTK - What Do You Remember? Adding Leaves to Your Family Tree

Become part of the Preservation Generation! Historic preservation is an important and vital tool for families to pass on their understanding and research of the past to future generations.

Join us in your family search quest to start building the family tree using who, what, when and where. Learn tips and tricks for documenting your family. This will be a hands-on class in a computer lab.

Wed. 6/19 & 26 1:30-3 pm Campus: CYC Room 302 (computer lab)

Instructor: Charlotte Ingle* (new instructor) Sessions: 2

Charlotte Ingle has been doing genealogical research for 40+ years. "My dad knew very little about his family history." In 1970 she wrote to her aunt inquiring about the family but was told that there wasn't any information to be found. I wanted to know who my ancestors were and where they came from. So, my search began. She is currently serving as the coordinator of the Richardson Texas Family Search Center.



HEALTH/ WELLNESS/ LIFESTYLE

HWL – Free Your Focus from Stress

Do you feel there is so much going on externally, or inwardly with your thoughts and memories, that it is sometimes difficult to relax and focus? For some of us, we may have gotten so used to the resulting stress that we assume that's just the way it is. Yet if we look at one simple key, and re-think how it plays out in our lives, we can discover healthy new horizons.

Join us as we explore the connection between stress and the ability to focus.

Wed. 6/19 11 am-12:15 pm Campus: CYC Room 422

Instructor: Laura Sarna Sessions: 1

Laura Sarna is a certified energy healing practitioner providing energy balancing, guided imagery, and spiritual counseling as a Partner with *For the Love of Healing*. My journey has taught me to relax into this big, amazing process of becoming a better human increasingly aligned with my soul's purpose. Being in or returning to my grounded center no matter what. Isn't that something we all want? It is from this space that I am both student and teacher and share with you.

HWL (OL) – Movement and Meditation **ONLINE**

Welcome to Movement and Meditation! Every week, we will move our bodies in different ways with exercise videos to incorporate stretches, light cardio workouts, indoor walking and some strength training with (or without) light weights. Every session will end with a brief meditation exercise to help you breathe deeply and calmly as you recover from your workout and enjoy the benefits from movement.

Sat. 6/8-6/29 10:15-11:15am **ONLINE**

Instructor: Sarita Malhotra Sessions: 4

Sarita Malhotra is a Certified Personal Trainer with a special focus on nutrition and gentle yoga. She holds a B.S. in psychology from UTD. Sarita has a passion for healthy cooking and eating and is an advocate of a healthy lifestyle for both mind and body. She practices mindfulness meditation on a regular basis and teaches practical techniques for stress management.

HWL - Myth Busting Medicare

Confused over Medicare? Whether you are new to Medicare, turning 65 or have been on Medicare for years, Medicare is always a confusing topic. What if you don't retire at age 65? What if you want to change your current Medicare plan?

There are quite a few myths around Medicare that we are going to bust. We will teach you how to avoid penalties, understand how and when to choose your plan and know the options for changing your current plan.

After this class, you will no longer be confused over Medicare.

Thur. 6/6-6/20 1-2:30 pm Campus: CYC Room 122

Instructors: Sheri Wilson* and Mike Wilson* (new instructors) Sessions: 3

Sheri Wilson, CRPC® (Chartered Retirement Planning Counselor), and **Mike Wilson**, are licensed and certified Medicare Agents with 20 years of combined experience as a mother and son team working together in the insurance and financial services industries. Educating others is their focus by empowering people to understand Medicare options so they make the best decision for their health care needs.

HWL – Savvy Cybersecurity & How to Avoid Four Common Elder Scams

Feeling like your social security number is about as secure as an unlocked front door? Wish those "Nigerian inheritance" emails would just win the lottery themselves and leave you alone?

This class is your shield against the dark forces of the internet! We'll show you how to dodge digital scams easier than mastering the settings on your new smart TV. Get ready to learn and leave with confidence to navigate the online world like a pro (without needing to call your grandkids for every click!)

Mon. 6/10 10:30 am-noon Campus: CYC Room 122

Instructor: Joe Dowdall Sessions: 1

Joe Dowdall, MBA has worked in the financial services industry for over 18 years and has spent the last 14 years as a financial planner in North Texas. He earned his bachelor's degree from the State University of New York and his M.B.A. in Finance from Saint Joseph's Haub School of Business. Joe is a certified Financial Planner (CFP®), Chartered Retirement Plan Consultant (CRPC) and a Retirement Income Certified Professional (RICP).

HISTORY

HIST – Go, Pullman: The Era of Luxury Rail Travel in America (This is an off-campus class)

***Students are required to provide their own transportation.**

Experience history aboard a 1937 dining car as you learn about George Pullman's passenger car empire. Pullman's entrance into this industry was a new innovation in manufacturing as well as luxury and marketing. The name, "Pullman," became synonymous with style and comfort, while the impeccable service of the Porters who catered to the passengers helped to define the era of luxury rail travel.

His vision also led to the creation of a master-planned industrial community south of Chicago, where employees lived in company housing and worked in the Pullman car shops. In "Go, Pullman: The Era of Luxury Rail Travel in America," we will explore the creation of the model town, the role of Pullman Porters, and travel during the golden age of passenger train service.

Note: This class will be taught on-site at the Museum of the American Railroad in Frisco. The course will include a tour of an all-first-class passenger train including dining and parlor cars from the 1920's.

Student Limit: 20 This course involves walking over uneven surfaces. Wear comfortable shoes. Limited wheelchair accessibility-please contact Museum directly for accommodations.



Tue. 6/18 10-11:30 am **Location: Museum of the American Railroad
8004 N. Dallas Pkwy, Frisco, TX 75034**

Instructor: Melissa Johnson & Michael Bracken Sessions: 1

Melissa Johnson is a full-time faculty member of the History Department at Collin College. Johnson earned her B.S. and M.A. from Texas Woman's University, specializing in 19th Century American and industrial history. She worked for the Museum of the American Railroad for many years, where she first began researching the Pullman Company.

Michael Bracken is a retired advertising executive who serves as a volunteer docent at the Museum of the American Railroad. His interest in the museum resulted from attending this very same SAIL class last year. Since that time, he has served as an integral member of the museum's on-going education program with the Frisco Independent School District.

HIST - Lesser Stories of WWII: Unanticipated Heroes

Not all WWII heroes served on the battlefield. Some exhibited courage that belied their youth, and others showed resilience of "ladies of a certain age." Civilians not enlisted in the military aided others fleeing Nazi brutal occupation and occasionally simply stood their ground. Representing numerous WWII tales of unclaimed heroism, these stories add to the collection of those that did not make history's headlines.

Tue. 6/4-6/25 11 am-12:30 pm Campus: CYC Room 122

Instructor: Dr. Janet Harris Sessions: 4

Janet Harris has taught literature and writing for over 25 years, coached readers and writers in pursuing their personal goals, and reviewed books. As an editor, Dr. Harris has guided writers in publishing over 150 books. She teaches literature and creative writing and advises SMU graduate students in completing theses and dissertations. She has retired several times, the first from UT-Dallas.

Photo credit Melissa Johnson (2023 SAIL train tour group)



HISTORY CONT.

HIST - The Civil War at Sea

Everyone is aware of the major battles of the Civil War on land, but did you know the Civil War was also fought along the Mississippi, Gulf of Mexico, and across the world's oceans?

This course will examine how the North and South fought at sea and include topics such as blockade runners, commerce raiders, and submarines.

Fri. 6/21-7/5 10:30-11:30 am Campus: CYC Room 122

Instructor: Dr. Christopher Redgraves Sessions: 3

Dr. Redgraves has been teaching history for nine years, four of which have been with Colin College. His focus is on American history with an emphasis on African American soldiers.

HIST (OL) - The History of Organized Crime in the United States, 1850-1957 **Online**

"The History of Organized Crime" is an account of the criminal underworld in the United States. Starting in the mid-nineteenth century through the post World War II era, the class places organized crime in the broader context of American history, emphasizing the processes of immigration and urbanization, poverty and working-class studies, and political culture in American history.

Thur. 6/6-6/27 10-11:30 am **ONLINE**

Instructor: Dr. Ryan Pettingill Sessions: 4

Ryan Pettengill, Ph.D., earned a Doctor of Philosophy in American history from Michigan State University in 2009. In 2021, Dr. Pettengill began teaching at the Wylie campus with Collin College. His scholarship and research interest are based in the history of labor and working-class activism and his most recent book examines community-based activism in Detroit throughout the 1940's and 1950's. Dr. Pettengill's current research project involves the modern labor movement's involvement in human rights. He resides in the area where he and his wife are raising two wonderful children.



Photo Credit Nancy Siegel

LITERATURE/FILM/MUSIC

LFM – Discussing Octopuses*

We will explore and discuss the emotional and physical world of the octopus. Inspiration and recommended reading for our discussion is *The Soul of an Octopus* (2015) by Sy Montgomery. This National Book Award Finalist is described as “by turns funny, entertaining, touching, and profound”.

A brief lecture will precede the discussion.

Wed. 6/26 11:30 am-1 pm Campus: CYC Room 229

Instructor: Paul Dolliver Sessions: 1

*This course has recommended reading

OR

LFM (OL) – Discussing Octopuses* **ONLINE**

Thur. 6/27 noon-1 pm **ONLINE**

Sessions: 1

*This course has recommended reading

Paul Dolliver earned degrees in History and Geology from Baylor University. He is a geologist, Texas Master Naturalist, reader, and walker. Paul currently teaches geology courses at Hill College and Collin College, along with SAIL classes.

LFM – “Georgie Girl” – How the Seekers Topped the Beatles and the Stones

This folk/pop band from Down Under took the world by storm in the 1960’s with their graceful harmonies and heartfelt lyrics. We’ll follow the Seekers from their humble beginnings in Melbourne through their rise to world fame. Lead singer, Judith Durham, became the world’s sweetheart for her bright voice and cheerful style and was mourned by millions of fans when she passed away in 2022. The Seekers’ unique sound stood apart from the otherwise rebellious music of 1960’s, frequently besting the Beatles and the Rolling Stones on the charts while selling over 50 million records.

Join us as we review their lives and enjoy their songs.

Tue. 6/4 10-11:30 am Campus: CYC Room 422

Instructor: Don Wolman Sessions 1

OR

LFM (OL) – “Georgie Girl” – How the Seekers Topped the Beatles and the Stones **ONLINE**

Tue. 6/4 2-3:30 pm **ONLINE**

Sessions: 1

Don Wolman is a teacher, world traveler and writer. He teaches classes in world geography, travel, history, and science. Don holds a bachelor’s degree in engineering from M.I.T. and a master’s degree in physics from Tufts University. He is a strong proponent of collaborative lifelong learning and volunteers as a speaker/presenter around the DFW area.

LFM – Hodgepodge: A Medley of Stories From Around the World

Tired of the news? Come to Hodgepodge – our Short Story Group where I will read a short story each week, followed by discussion. These stories are from all around the world – some of the stories will be new, others will be tried and true.

However, all will be enjoyable and worthy of discussion. So come along, sit back and be prepared to travel the world. See you in June!

Tue. 6/4-6/25 2:30-4 pm Campus: CYC Room 122

Instructor: Sonia Meltzer Sessions: 4

Sonia Meltzer is a graduate of UT Dallas with a master’s in interdisciplinary studies with coursework in holocaust studies, literature, history, history of criticism and aesthetics. She has been teaching SAIL students for many years covering a wide assortment of amazing assortment of amazing and historical topics.

LITERATURE/FILM/MUSIC (CONT.)

LFM - Love of Musicals IV

Please join us again as we continue with the history and the enjoyment of viewing great music productions from Hollywood, Broadway, and Stage. We will continue with some biographies and background stories of some of the performers, writers, and especially those songs and dances that will evoke your loved memories of the good times past and encourage us to look to a great future.

Come awhile and smile!

Wed. 6/12-6/26 10:30 am-noon Campus: CYC Room 122

Instructor: Darrell Simmerman Sessions: 3

Darrell Simmerman holds a Bachelor of Science in Education from Indiana University and a Master of Arts in Teaching from Purdue University. He writes poetry, short stories, composes songs with lyrics and loves leading classes at SAIL. Darrell has taught at multiple schools and companies and was the manager of the I.T. Training Curriculum for Natl Health Labs, Inc., (now LabCorp) while in Dallas.

LFM – *O Pioneers!* by Willa Cather*

This American classic short book (106 pages) is about early immigrants who tried to tame the harsh lands of Nebraska, but it is more than a story of determination and survival. The characters grow on you as you live with them during years of struggle and later success.

Cather's beautiful prose paints pictures of nature's beauty and fierceness. There are unrequited loves, family tensions, and finally murders. A good read for the summer.

Discuss over two classes: **Read Parts 1-2 for the first class and parts 3-5 for the second class.**

Wed. 6/5 & 6/12 1:30-2:30 pm Campus: CYC Room 223

Instructor: Margo Hicks Sessions: 2

***This course has recommended reading**

Margo Hicks taught high-school English for thirteen years in Houston ISD before retiring ten years ago to move to Dallas to be near her family. Before going back to teaching in 1999, she was an insurance broker for oil and gas companies and has a CPCU designation. Margo has a B.A. in English and Drama from Ouachita University and a M.Ed. from the University of Houston.

LFM - Summer Novel Discussion Group

We will read and discuss *Remarkably Bright Creatures* (2022) by Shelby Van Pelt. The dust jacket describes this debut novel as: "A charming, witty, compulsively readable exploration of friendship, reckoning, and hope that traces a widow's unlikely connection with a giant Pacific octopus."

Wed. 6/12 11:30 am-1 pm Campus: CYC Room 229

Instructor: Paul Dolliver (see bio page 6) Sessions: 1

OR

LFM (OL) – Summer Novel Discussion Group **ONLINE**

Thur. 6/13 noon-1 pm



LITERATURE/FILM/MUSIC (CONT.)

LFM - Strategic Storytelling (This is a hybrid class – online and in person)

Storytelling is the oldest medium of communication and a powerful tool for connection. Join us as we improve our relationships by improving our storytelling skills to be more confident and captivating storytellers.

This class is for anyone interested in learning more about storytelling and how to engage in it to improve your personal and professional lives.

The first part of the workshop is **online**. Participants will view a prerecorded zoom session at home and then complete worksheets to help them craft a strong story. Expected time to complete first part of the workshop is 1.5 hours.

The second part of the workshop is **in person**. Participants will be asked to come to the on-campus class with the workshoped story, ready to share in a supportive and friendly environment. Expected time to complete the second part of the workshop is 1.5 to 2 hours.

Storytellers will leave with valuable peer feedback to help them continue to improve on their storytelling journey.

Mon. 6/3 View video **ONLINE**, complete worksheets to craft a story.

Mon. 6/24 10 am-noon Campus: CYC Room 229

Instructor: Whitney Pisani

Whitney Pisani is a professor at Collin College. She holds a master's degree in Communication Studies and a bachelor's degree in Journalism from the University of North Texas. Prior to Collin College, Whitney taught in various DFW districts, worked in corporate marketing, and spent time living overseas by teaching children and adults in Italy. She teaches a variety of communication classes which emphasize the value and impact of intercultural communication in a global society.

LFM - Yes Virginia, There Are Great American Female Classical Composers!

This is the surprising story of the female American composers who bravely championed the classical style in the early 1900's, even as European composers were forsaking it.

We'll cover the lives and play the music of these American luminaries. Their musical creations reveal deep emotion and speak to the heart: Amy Beach, child prodigy and the American Mozart; Florence Price, creator of intellectual and haunting melodies; and Margaret Bonds, whose songs and sweeping orchestral works evoke passion.

But wait, I see we're about to begin. Dim the lights! Maestra, queue the music!

Tue. 6/11 10-11:30 am Campus: CYC Room 422

Instructor: Don Wolman (see bio on page 6)

Sessions: 1

OR

LFM (OL) - Yes Virginia, There Are Great American Female Classical Composers! **ONLINE**

Tue. 6/11 2-3:30 pm

Photo Credit Nancy Siegel



MATH/SCIENCE/TECNOLOGY

MST – Facebook: From Sharing to Settings

Join us as we explore Facebook, making it accessible, enjoyable, and more secure. Whether you're looking to reconnect with old friends, stay updated with family, or follow organizations that interest you, this course offers the step-by-step guidance needed to use Facebook safely and effectively.

Fri. 6/7 & 6/14 1:30-3 pm Campus: CYC Room 122
Instructor: Daphne Lee Sessions: 2

MST-OL – AI: Navigating the New Wave of Intelligence **ONLINE**

Explore the transformative power of Artificial Intelligence (A.I.) and understand how it can be leveraged in our daily lives. We'll unlock the mysteries of A.I. technologies, from smart assistants to chatbots, emphasizing practical applications that enhance convenience, safety, and connectedness.

Thur. 6/27 1:30-3 pm **ONLINE**
Instructor: Daphne Lee Sessions: 1

I teach professionals and individuals how to use technology – mobile devices, smartphones, computers, and peripherals. My students are all "mature" adults. In addition to Microsoft networking certifications, I hold a Master of Science degree in Instructional Design from Boise State University. My goal is to increase individual performance through the effective use of technology. My husband and I have been in the Dallas area for 25 years and we have two beautiful Golden Retrievers.

Introduction to Geology

We see it every day, we walk on it, but many of us are not familiar with what creates and shapes the surface of the Earth - and below. This series will introduce you to the art and science of identifying and interpreting rocks, minerals, and geologic structures. We will also discuss the Earth's timeline, including the rise of various animal and plant groups, mass extinctions, glacial periods and more. The series will culminate in a discussion about plate tectonics and its relationship to earthquakes and volcanism.

Bring a rock ... let's see what we can interpret from it!!

Mon. 6/3-6/24 11am – 12:30 pm **ONLINE**
Instructor: Greg Indelicato Sessions: 4

Greg Indelicato holds a Bachelor's degree in Geology from Queens College, CUNY and a Master's degree in Earth and Space Sciences from Stony Brook University (SUNY). He has worked as a professional geologist in several capacities including minerals exploration, petroleum geophysics, exploration geochemistry, geotechnical and hydrogeologic engineering, and environment geology. He also had an opportunity to work with lunar rocks and glasses from Apollo 12 and 15. Greg has lectured on various subjects ranging from Physical Geology to exploration methods for base metals and uranium.



Photo Credit Nancy Siegel

SAIL GUEST SPEAKER

BERNADETTE STORY

Motown: An Inside View from the Wife of a Song Writer and Producer!

Join me as we go back in history and get a real inside look at the people that built Motown. We will talk about how my husband, Allen Story wrote and produced songs and we will travel down memory lane with some memorable Motown music.

MON., JUNE 17 1 – 2:30 pm
Courtyard Center Room 122





FREQUENTLY ASKED QUESTIONS

***Are there requirements to join SAIL?**

If you are 55 or over and enjoy learning and meeting new people, you qualify!

***What types of classes are offered and who teaches the SAIL classes?**

History, literature, art appreciation, current events and lifestyle interests are just a sampling of the classes offered in SAIL. The **SAIL** instructor community includes talented presenters, college professors and business leaders with categorical expertise.

***Do I need to have a degree to join the SAIL program?**

No degree is required, the only requirement is a passion for learning and enrichment!

***When are SAIL classes held?**

SAIL classes are conveniently held Monday-Friday between 9:30 a.m. and 4:30 p.m. Collin College parking is free!

***Where are SAIL classes held?**

Classes will be a mix of on campus and online as indicated in the SAIL schedule.

***How do I add SAIL courses after I have registered?**

Easy! Contact the SAIL office at 972.985.3788 or email sail@collin.edu and we can add any additional courses if they are available. If the class is closed, we can add you to the waitlist. You will be contacted by phone or email when a space becomes available.

***If there is a class cancellation or change to a class that I registered for, will I be notified?**

Unfortunately, we may have a change or emergency cancellation on a class. If you have **registered** for that class, we will email you as soon as we can, **so please check your emails regularly!** Registered members may attend another course of their choice, based on seat availability. Contact the SAIL office with any questions.

***When do I receive the link for an online class?**

If you have registered for an online class, the link will be emailed to you 2 days before the class begins. The link will be a recurring link, so if the class is multiple sessions, save the link for the next class!

***Can I bring a guest to a SAIL class?**

Definitely! A current member can bring one guest per semester to join you in a class if an extra seat is available. Please contact the SAIL office at 972.985.3788 **prior** to bringing them to class to verify seat availability.

***Can I suggest a class and are there volunteer opportunities?**

Yes! We rely on our membership to keep the "sails" running smoothly. Email the sail office sail@collin.edu or call us, 972.985.3789. We have various positions to fit your style and know your time is valuable. We are happy with any time offered.

***Are there refunds for SAIL membership?**

Sorry, there are no refunds for SAIL memberships after the semester begins.

IN THE KNOW.....



Classroom and Online Courtesy

Please be respectful and polite to your instructors and classmates. We are all here to learn, even if we have different opinions!

Be sure you are on time for your classes and if it is an ONLINE CLASS, **mute your mic**. ON CAMPUS CLASSES, please **mute your cell phone** when you enter the classroom.

Class Cancellations/Changes/Campus Closures

If a class needs to be cancelled or changed, we do our best to notify the students who registered as quickly as possible. A replacement class of your choice can be added based on space availability. Please contact the SAIL office to add your name to the roster. Changes will also be posted on the SAIL bulletin board at the Courtyard Center in Plano.

If there is a college wide emergency or closing due to inclement weather, check the college website, www.collin.edu or the SAIL website, www.collin.edu/sail for details.

Campus Classroom Food & Drink Reminder

Please be considerate of other students and **do not bring food** into the classrooms (*unless it is a designated Lunch & Learn course*). It can be messy and distracting to those around you. Students are welcome to bring a lunch or snack and visit one of the campus student lounges.

We recommend that students bring sweaters to class as the classroom can get a bit chilly in the summer months and chilly in the winter months.



Parking

Parking is free at Collin College! We recommend that you come early for your class to secure your preferred spot.

Please note that parking spaces fill up fast. Collin College does provide handicap parking, but these spots fill up fast as well. Please be aware that the Courtyard Center parking garage does not have an elevator.

SAIL Website and Facebook

Stay on top of the latest with SAIL by going to the Collin College SAIL website or Facebook page:

Website: www.collin.edu/sail **Facebook:** www.facebook.com/CollinCollegeSAIL

Lost and Found?

If you have left something behind, contact:

Courtyard Center (CYC) – SAIL office-Ste. 116 (972) 985-3788 or 3789, Registrar's office (972) 985-3788

We occasionally use photos of SAIL classes on our website and Facebook sites. Please let us know if you would like to opt out of your photo being used.

ZOOM TIPS & TRICKS

Zoom is a web conferencing platform that is used for audio and/or video conferencing. You do NOT need an account to participate in a Zoom session. You will be prompted to download the Zoom application if you haven't already (only needed once per device or computer)

Create a Virtual Learning Folder for Your Class Links

If you are registered for a SAIL virtual class, your instructor or the SAIL office will email the link to you a few days before your class begins.

SAVE this link in a convenient place, so you can access it for the next class.

Joining a Zoom Meeting

How do I join on a **Desktop or Laptop Computer?** [CLICK HERE](#)

How do I join by **Telephone?** [CLICK HERE](#)

How do I join using the **App?** [CLICK HERE](#)

Sharing a Virtual Link

We love to share information with our friends and family, but in order to keep the privacy of registered students and prevent "Zoom Bombing", please do not share the link with anyone.

If you know a SAIL student that would like to join additional classes, they can contact the SAIL office at 972-985-3788 to be added to the class roster. We will be happy to email the link!

Zoom Resources

Please click on the links below, to be directed to Zoom Help Page

- [Getting Started](#)
- [Audio, Video, Sharing](#)
- [Zoom Rooms](#)
- [Video Tutorials](#)
- [Zoom App for iOS](#)
- [Zoom App for Android](#)
- [Zoom Privacy Policy](#)
- [Preventing Zoom Bombing](#)

<https://zoom.us/privacy>