Physical Education

Students may earn an Associate of Science degree with coursework in Physical Education by taking general studies electives that explore the inter-relatedness of several fields of study. Physical skills and knowledge are acquired through the physical education activity and theory classes. Offerings in the humanities, social sciences, and biological sciences also prepare the student for a career in physical education.

Athletic Training
Athletic training encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. Athletic trainers function under a physician’s direction and are employed in a variety of settings including: athletic facilities, schools, clinics, hospitals, physician’s offices, sports venues and more.

To earn an associate degree, complete the 42 credit hour General Education Core, and 18 credit hours of general studies electives and the Associate of Arts (AA) or Associate of Science (AS) degree requirements.

RECOMMENDED ELECTIVES:
- BIOL 1322 Nutrition and Diet Therapy
- PHED 1142 Varsity Conditioning I
- PHED 1144 Varsity Sports I
- PHED 1304 Personal / Community Health
- PHED 1306 First Aid
- PHED 1338 Concepts of Physical Fitness
- PHED 2142 Varsity Conditioning II
- PHED 2144 Varsity Sports II
- PHED 2156 Taping and Bandaging
- PHED 2356 Care and Prevention of Athletic Injuries

General Physical Education
To earn an associate degree, complete the 42 credit hour General Education Core, and 18 credit hours of general studies electives and the Associate of Arts (AA) or Associate of Science (AS) degree requirements.

RECOMMENDED ELECTIVES
- PHED 1301 Foundations of Kinesiology
- PHED 1304 Personal / Community Health
- PHED 1306 First Aid
- PHED 1336 Introduction to Sports Management
- PHED 1338 Concepts of Physical Fitness

Sports Management
“Sports Management” refers to the business and operations side of the sports industry. In college athletics or professional sports organizations, for example, sports management professionals may be found performing a wide variety of tasks, including marketing, advertising, ticket sales, ordering and maintaining equipment and supplies, public relations, team travel coordination and ensuring compliance with league rules.

To earn an associate degree, complete the 42 credit hour General Education Core, and 18 credit hours of general studies electives and the Associate of Arts (AA) or Associate of Science (AS) degree requirements.

RECOMMENDED ELECTIVES
- PHED 1301 Foundations of Kinesiology
- PHED 1336 Introduction to Sports Management
- ACCT 2301 Principles of Financial Accounting
- ECON 2301 Principles of Macroeconomics
- ECON 2302 Principles of Microeconomics