

Collin College - Continuing Education

Course Syllabus

Course Title: Nursing Refresher

Course Number: RNSG 5535

Course Description: Designed for inactive registered nurses returning to active practice. Current professional nursing practice as related to the clinical areas of medical-surgical, maternal-child, mental health, and community health nursing care. The intention of this course is to enable nurses to reintroduce and develop their knowledge bases, nursing skills, and confidence in practice by reviewing current technology, equipment, nursing trends and practices and legalities.

Hours: 80

Course Prerequisite(s): All students are required to complete the pre-admissions requirements (found in Application Packet) prior to starting class. Students must also be eligible for a temporary nursing license (RN) through the TX Board of Nursing, or hold a current TX license.

Student Learning Outcomes:

1. Compare and contrast the different roles of the professional nurse as provider of patient-centered care, patient safety advocate, member of health care team, and member of the profession.
2. Summarize the Nursing Practice Act of Texas.
3. Utilize critical thinking skills and a systematic problem solving process for the care of patients and families.
4. Describe the role of the nurse and the phases of the nursing process as well as explore the standards of practice and the code of ethics that guide nursing practice.
5. Demonstrate knowledge and safety in administration of pharmacological agents and identifying nursing strategies for preventing medication errors.
6. Identify, utilizing nursing assessment skills, signs and symptoms and nursing implications for common disorders associated with cardiovascular, respiratory, renal reproductive, musculoskeletal, neurological, gastrointestinal, endocrine, and immune systems.
7. Demonstrate knowledge and understanding of selected nursing skills and principles of safety.
8. Demonstrate knowledge and understanding of IV therapy preparation, IV medication administration, and IV infusion.
9. Discuss the basic principles of therapeutic communication and importance of documentation in the medical record.
10. Identify the stages of death and dying and describe appropriate nursing interventions and palliative care.

Textbook(s): (Contact bookstore for current edition and cost)

1. Clinical Nursing Skills, by Smith, Duell & Martin. Pearson publishing
2. Medical-Surgical Nursing: Critical Thinking in Patient Care, by Lemone, Burke & Bauldoff. Pearson publishing
3. Pharmacology: A Patient-Centered Nursing Process Approach, by Lee, Hayes & McCuistion. Elsevier publishing

Withdrawal Policy: See the current *Career Skills Training* catalog for the tuition refund policy.

Collin College Academic Policies: See the current *Collin Student Handbook*.

Americans with Disabilities Act: Collin College will adhere to all applicable federal, state and local laws, regulations and guidelines with respect to providing reasonable accommodations as required to afford equal opportunity. It is the student's responsibility to contact the ACCESS office, SCC-G200 or 972.881.5898 (V/TTD: 972.881.5950) to arrange for appropriate accommodations. See the current *Collin Student Handbook* for additional information.

Meeting Location: This totally online course is in Canvas and must be accessed through CougarWeb.

1. To log in to CougarWeb, visit <http://www.collin.edu>
2. Your username is the first portion of your CougarMail / CougarWeb account, usually the first letter of your first name, your last name, and then a number.
3. Your password is the last 6 digits of your CWID (College-Wide ID).
4. Your class will appear in Canvas on the first day of class.

NOTE: You will not be able to access the class until classes officially begin. Allow reasonable time for students to be uploaded into Canvas. If you are new to Canvas or would like a refresher in its processes please view the www.collin.edu/academics/ecollin/ page

If you receive a login error, please try a different browser, delete your cookies and try again.

Attendance Policy: Attendance in an online course is measured by submission of assessments and discussion postings. Students must complete all assessments and postings as directed in the time frame specified. Students are expected to monitor Canvas communications at least several times across each week. Time required to read all material and submit assessments and postings will vary according to individual skills....but still must be submitted on time.

Lesson Plan:

- Week 1: Introductions, navigating the online classroom, expectations. Begin Unit 1: Professional Nursing Practice. Module 1-The role of the nurse and critical thinking. Module 2-The nursing process. Module 3-Professional nursing practice and legal implications.
- Week 2: Continue Unit 1. Module 4-Patient rights. RN Scope of Practice. Unit 1 Discussion question. Unit 1 Post Test.
- Week 3: Begin Unit 2: Pharmacology Review Professional Nursing Practice. Module 1-Basic concepts of pharmacology. Module 2-Medication administration. Module 3-Drug classifications. Module 4-Dosage calculation.
- Week 4: Continue Unit 2. Module 5-Preventing medication errors. Unit 2 Discussion question. Unit 2 Post Test. Medication Exams.
- Week 5: Begin Unit 3: Systems Review. Module 1-Nursing implications for the cardiovascular system. Module 2-Nursing implications of the respiratory system. Module 3-Nursing implications of the renal and reproductive systems. Module 4-Nursing implications of the musculoskeletal system. Module 5-Nursing implications for the neurological system and pain assessment and management.
- Week 6: Continue Unit 3. Module 6-Nursing implications for the gastrointestinal system. Module 7-Nursing implications of the endocrine system. Module 8-Nursing implications of the immunologic systems. Module 9-Nursing implications for psychosocial concepts. Unit 3 Discussion question. Unit 3 Post Test. Case Study.
- Skills Day 1:
- Week 7: Begin Unit 4: Care of the Patient. Module 1-Basic skills review, environment of care, infection control. Module 2-Physical assessment and specimen collection. Module 3-The surgical client and perioperative care. Module 4-Skin care, wound care and dressing changes.
- Week 8: Continue Unit 4. Module 5-Nutrition and elimination. Module 6-Oxygenation. Module 7-Mobility and orthopedic interventions. Module 8-Care of the patient receiving radiation, biotherapy, and chemotherapy. Unit 4 Discussion question. Unit 4 Post Test.
- Skills Day 2:
- Begin Clinicals
- Week 9: Begin Unit 5: IV Therapy. Module 1-IV therapy preparation. Module 2-IV medications and infusion. Module 3-Central venous access devices. Module 4-Total parenteral nutrition.
- Week 10: Continue Unit 5. Module 5-Blood transfusion. Module 6-Fluid and electrolytes. Unit 5 Discussion questions. Unit 5 Post Test.
- Week 11: Begin Unit 6: Communication and Documentation. Module 1-Communication. Module 2-Documentation.
- Week 12: Continue Unit 6. Module 3-Cultural diversity. Unit 6 Discussion questions. Unit 6 Post Test. Jurisprudence Exam.
- Week 13: Begin Unit 7: Care of the Terminally Ill. Module 1-Death and the dying process. Module 2-Palliative care.
- Week 14: Continue Unit 7. Module 3-Symptom management. Unit 7 Discussion questions. Unit 7 Post Test.

Sessions listed are a guideline to indicate all topics that will be covered during your course. Do not plan your personal calendar based on these sessions. Your instructor will give you a calendar for your class that will indicate specific topics, labs, and days.

Method of Evaluation: Students must achieve a minimum of 75% final average in order to pass competencies.

Expectations for taking an online course: It is the student's responsibility to maintain computer and Internet access. In addition to expectations listed elsewhere, students are expected to keep a copy of all saved course work until the final grade has been posted, since electronic communications can fail or crash. This policy may allow resubmission of important items, if permitted by the instructor. If technology issues arise, students are expected to use Collin computers or other equipment for submitting work according to the schedule. In other words, a personal computer or Internet challenges are no excuse for failing to submit work on time. Students are expected to plan ahead concerning inquiries to allow for reasonable response time from the instructor. Students are expected to mark the weeks of the term on their personal calendars and to maintain a check list of work completed and grades received in order to self-monitor progress in the course. Remember that *online courses require the STUDENT to be self-disciplined* concerning course performance.

Students are expected to monitor email, Canvas, Assignments and the Discussion board several times weekly, every day is best, in order to maintain communications with your instructor and classmates. All Discussion posts must be read even if you believe they do not pertain to you.

Computer Skills Needed: You should know how to access a Web site when given an address (URL) or link, use features of your Web browser, download files, attach files to emails, and use MS Word processing software.

Technical Support: Technical support for Canvas is available 24 hours a day, 7 days a week, 365 days a year. You may contact technical support toll-free by calling 1-866-350-5119. In addition, online support is available through the [Canvas Online Support Center](#).

Netiquette Expectations: Expectations for online class involvement:

1. Allow a professor 48 hours to respond to all questions and inquiries during the work week. Instructors are not expected to work weekends; therefore, response time will be extended. Please plan your time accordingly. Requesting to turn in an assignment late, because you are waiting on a reply from your instructor will not be considered an acceptable excuse. Deadlines are deadlines and it is imperative you plan your time accordingly. Grades are usually posted one week after the due date.
2. Communication with instructors should be kept brief. State the problem concisely as well as how you would like them to help. Instructors should always be addressed in a respectful and professional manner. Making demands, criticizing,

and “yelling” (writing in a bold font and in all capital letters) are not acceptable forms of communication and are against the Collin College statement of core values.

3. If the student has an issue with the class, the teacher should be contacted individually. It is not a student’s position to appoint themselves “spokesperson” for the class.
4. A student’s responsibility is to perform within the structure of the class. Any attempt by the student to change the structure of the class may be regarded as a violation of departmental and college policy.
5. It is in good faith that faculty and students engage in the learning process. It is expected that students perform in class with that philosophy in mind. Students are expected to make a good faith effort to read and understand the material and to engage in learning activities provided by the instructor