

Scenario: Instant Replay

You're home alone and you get a text message from a male friend. It contains an attachment with a sexually explicit photo of his ex-girlfriend. She's posing nude and sexy, like a porn model.

Train of Thought

Wow. This got my attention, that's for sure. But wait. Does she know he's showing these around?... I doubt it. How would she feel if she knew?...Then again, she did pose for the picture...But can't this be used against her in some way, now or in the future?.. What was my friend thinking? He could get in trouble for this. Should I say something to him?.....Come to think of it, if I forward this to anyone else, I might get in trouble.... Do I have a responsibility to her to say something?....If I do, won't my friend be mad at me?...What should I do in this situation?

Options

1. Delete the picture and stay out of it. It's none of my business.
2. Tell my friend to stop. Try to convince him that it's wrong and disrespectful – and might even be against the law – for him to be showing private pictures of his ex-girlfriend like this.
3. Tell my friend's ex that he's been sharing sexually explicit pictures of her to his friends.
4. Identify another friend of ours who might agree with me and together figure out what to do.
5. Ask my parents, a teacher or coach I trust, or another adult whose opinion I value to get advice on what to do.
6. Personal option:

Scenario: Down Over

Your friend constantly sends his girlfriend text messages, asking her where she is, who she's with, what she's doing. This isn't just friendly chat; you get the feeling that he's obsessed and jealous, and always needs to know her every move.

Train of Thought

I'm not sure this is any of my business. After all, I wouldn't want other kids messing with my relationships....Then again, this doesn't seem right. He's really trying to control her, and this can't be healthy....I know some girls who think that guys who are jealous must really love them a lot...But I've seen materials from relationship abuse programs that explain how this kind of behavior can lead to physical abuse.....Could this be one of those relationships? Then again, a lot of kids text a ton. Who am I to say when it's too much?.....And if I do say something, he might go off on me. What should I do in this situation?

Options

1. Do nothing. It's none of my business.
2. Tell my friend that I'm concerned about his jealousy, and he needs to chill out a bit and give his girlfriend some space.
3. Talk to some of her friends, let them know what I've observed, and ask them if they have concerns about the relationship.
4. Talk to my parent, or a teacher or coach that I trust, and ask them for advice about what to do.
5. Tell my friend that he should consider seeing a counselor or another professional, because his texting behavior seems unhealthy and could get him in trouble.
6. Personal option:

Scenario: Illegal Motion

At a party, you see a male friend trying to get an obviously drunk woman to leave with him. She's not just buzzed; she's stumbling over her own feet. You know the woman, and she seems reluctant.

Train of Thought

Is this any of my business?...Men and women who are drinking hook up all the time....Then again, she looks really drunk. Maybe she's not in a position to make a good decision....I know a lot of "date rape" involves alcohol. Could this be one of those situations?....But what if I'm overreacting? Won't my friend be mad at me? Will he even listen to me?....But if I don't do something, I might be letting her down. What should I do?

Options

1. Do nothing. It's really none of my business.
2. Try to get my friend to leave her alone. Tell him he has to be real careful dealing sexually with a drunk woman.
3. Find some of her friends and try to convince them to get her home safely.
4. Approach the woman and ask her how she feels, and if she wants help getting home.
5. Tell the host or hostess of the party that I'm worried about the situation, and warn them that they might have some legal responsibility to act.
6. Get a group of my friends together – men and women – and confront my friend, firmly telling him to stop pursuing this drunk woman.
7. Personal option: