Welcome to Spring 2023!

If you are new to SAIL, we extend a warm welcome and if you are a returning SAIL member, we are so excited to have you back! Our incredible Instructors and Guest Speakers have worked hard to put together a brain stimulating and fun schedule.

SAIL (Scholars Active in Learning) launched its first semester under the sponsorship of Collin College in Fall 1996 and has been serving our lifelong learners ever since! We offer a Fall, Spring and Summer term and each semester brings all new content to challenge, discuss and stimulate your brain. Plus, it’s a great way to socialize, meet new friends and share your love of learning!

For the Spring semester choose (7) on campus courses and unlimited online courses. The Free Lecture Courses* on pages 5-8 are free to take as part of your membership and don’t count against your (7). Guest Speakers are also free to attend, but be sure to register, so we have an accurate seat count.

SAIL classes are open to members who are 55+ and have an interest in learning! Did you know that anyone that meets the age requirement can take SAIL classes from anywhere in the world? Be sure to tell friends and family to check out the Spring 2023 schedule, even though they don’t live in the area. We want others to be able to “SAIL” with us!

The Spring 2023 schedule will have both on campus and online courses. The schedule will indicate how the course is being delivered.

Online learning links to your class will be emailed to you, if you have registered for that class, a few days before the class starts. Be sure to save the link where you can easily find it, as most links will be re-curring for that particular course.

SAIL has been going strong at Collin College since 1996 and it is our members and instructors that make this the amazing program it is today. We thank each and every one of you for “sailing” with us.

Enjoy your classes this Spring semester and feel free to contact the SAIL office with any questions at 972-985-3788 or email sail@collin.edu.

Sherry J. Scamardo
SAIL Program Director
SPRING 2023 REGISTRATION INFORMATION

Membership Cost for Spring courses $100.00

Number of Courses I Can Take
On campus classes: 7  Online classes: Unlimited
Free Lecture Courses don’t count against your 7!

When Does Registration Begin? January 9 (Monday)
When Do Classes Begin? January 30 (Monday)

How Do I Sign Up? See registration options below

Registration Options (Begins Monday, January 9)

1. Register online, and pay online by credit card, www.collin.edu/sail
   We accept VISA, MasterCard, and Discover

2. Register online, but pay by telephone. Contact the Bursars office
   972-985-3724 or the SAIL office 972-985-3788.
   (please have the 5-digit registration number that you received when you registered)

3. Register at the Courtyard Center in Plano, Suite 116.
   sail@collin.edu  972-985-3788. M-F 8-5 p.m.

4. Mail In: Download a worksheet form or send us a list,
   and mail it back with your check (payable to SAIL) to:
   Collin College (SAIL)
   4800 Preston Park Blvd., Suite 116
   Plano, TX  75093

   Please note that classes are filled on a first come basis.

Need assistance with registration? Contact the SAIL office at 972-385-3788 or email us at sail@collin.edu.
We are here to help!

SAIL Tip: If you have registered successfully online, the system will generate a 5-digit number.

SAIL Tip: Choose your classes before you register, so the system doesn’t time out on you! There is a worksheet online that is helpful to write down your classes, before you register.

SAIL Tip: If a class is full, the system will say, class not available. Contact the SAIL office by email, sail@collin.edu if you would like to be put on a waiting list.

SAIL Tip: Be sure you don’t forget to register for the Guest Speakers!

We occasionally use photos of SAIL classes on our website and Facebook sites. Please let us know if you would like to opt out of your photo being used.

SAIL class are not eligible for the Texas resident 65 and older tuition exemption. Please note that once the semester starts, there are no refunds on SAIL membership costs.
<table>
<thead>
<tr>
<th>Course</th>
<th>Location</th>
<th>Code</th>
<th>Day</th>
<th>Start Time</th>
<th>End Time</th>
<th>Date</th>
<th>Length</th>
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<tr>
<td>Modern Art - Part 2</td>
<td>CYC</td>
<td>122</td>
<td>Mon</td>
<td>11:00</td>
<td>12:30</td>
<td>3/13</td>
<td>3/30</td>
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<tr>
<td>Democracy in the U.S.</td>
<td>CYC</td>
<td>318</td>
<td>Mon</td>
<td>1:00</td>
<td>2:30</td>
<td>4/10</td>
<td>3/24</td>
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<td>Maximizing Your Medicare Choices</td>
<td>CYC</td>
<td>318</td>
<td>Mon</td>
<td>10:30</td>
<td>11:45</td>
<td>3/13</td>
<td>3/20</td>
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<tr>
<td>Roundtable Talk and Tea</td>
<td>CYC</td>
<td>229</td>
<td>Mon</td>
<td>1:00</td>
<td>2:30</td>
<td>4/3</td>
<td>3/4</td>
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<tr>
<td>How To Avoid Overpaying Taxes in Retirement</td>
<td>CYC/OL</td>
<td>333</td>
<td>Mon</td>
<td>10:00</td>
<td>11:30</td>
<td>1/30</td>
<td>2/6</td>
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<tr>
<td>Brain Health</td>
<td>CYC/OL</td>
<td>333</td>
<td>Mon</td>
<td>11:00</td>
<td>12:30</td>
<td>4/10</td>
<td>4/17</td>
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<td>American Scoundrel</td>
<td>CYC</td>
<td>422</td>
<td>Mon</td>
<td>1:30</td>
<td>3:00</td>
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<td>2/6</td>
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<td>The Checkered History of Spice</td>
<td>CYC</td>
<td>229</td>
<td>Mon</td>
<td>1:00</td>
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<td>3/13</td>
<td>3/20</td>
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<td>CYC</td>
<td>122</td>
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<td>European Theater WWII</td>
<td>OL</td>
<td>n/a</td>
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<td>4/3</td>
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<td>OL</td>
<td>n/a</td>
<td>Mon</td>
<td>11:00</td>
<td>12:30</td>
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<td>OL</td>
<td>n/a</td>
<td>Mon</td>
<td>4:00</td>
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<td>2/20</td>
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<td>Iran Revisited</td>
<td>CYC</td>
<td>122</td>
<td>Fri</td>
<td>10:00</td>
<td>11:00</td>
<td>2/10</td>
<td>2/17</td>
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<tr>
<td>Smartphone Healthy Apps You Won't Want to Miss!</td>
<td>CYC</td>
<td>326</td>
<td>Tue</td>
<td>10:00</td>
<td>11:30</td>
<td>2/21</td>
<td>2/21</td>
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<tr>
<td>The Immune System-Our Personal Super-Hero! How it Works and How to Feed it!</td>
<td>OL</td>
<td>n/a</td>
<td>Tue</td>
<td>4:30</td>
<td>5:30</td>
<td>4/18</td>
<td>4/18</td>
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<td>Estate Planning Stories: Myths, Mistakes and Missed Opportunities</td>
<td>OL</td>
<td>n/a</td>
<td>Tue</td>
<td>2:00</td>
<td>3:00</td>
<td>4/4</td>
<td>4/11</td>
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<tr>
<td>The Law and the Red River Borderland</td>
<td>OL</td>
<td>n/a</td>
<td>Tue</td>
<td>2:30</td>
<td>4:30</td>
<td>3/21</td>
<td>3/21</td>
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<tr>
<td>Finding Our Roots: How to Navigate Genealogy Tools</td>
<td>CHEC</td>
<td>106</td>
<td>Tue</td>
<td>1:00</td>
<td>2:30</td>
<td>3/14</td>
<td>4/4</td>
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<tr>
<td>Bring Balance Back to Your Life with Chair Yoga</td>
<td>CYC</td>
<td>318</td>
<td>Tue</td>
<td>10:00</td>
<td>11:00</td>
<td>3/14</td>
<td>3/28</td>
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<tr>
<td>Storytelling with a Backdrop of History</td>
<td>CYC</td>
<td>122</td>
<td>Tue</td>
<td>11:00</td>
<td>12:30</td>
<td>3/14</td>
<td>4/4</td>
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<tr>
<td>An African Novel: Things Fall Apart</td>
<td>CYC</td>
<td>304</td>
<td>Tue</td>
<td>1:30</td>
<td>2:30</td>
<td>2/7</td>
<td>2/28</td>
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<tr>
<td>More Than an Introduction to Android</td>
<td>CYC</td>
<td>228</td>
<td>Tue</td>
<td>1:30</td>
<td>3:00</td>
<td>4/18</td>
<td>4/25</td>
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<tr>
<td>More Than an Introduction to iPhone/iPad (Class A)</td>
<td>CYC</td>
<td>228</td>
<td>Tue</td>
<td>1:30</td>
<td>3:00</td>
<td>3/14</td>
<td>3/21</td>
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<tr>
<td>More Than an Introduction to iPhone/iPad (Class B)</td>
<td>CYC</td>
<td>228</td>
<td>Tue</td>
<td>1:30</td>
<td>3:00</td>
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<td>4/11</td>
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<td>Body Works 101: The Special Sense of Vision</td>
<td>CYC/OL</td>
<td>122</td>
<td>Tue</td>
<td>10:00</td>
<td>11:00</td>
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<td>2/14</td>
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<td>Innovation and Early Twentieth-Century Poetry</td>
<td>OL</td>
<td>n/a</td>
<td>Tue</td>
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<td>Spring Clean Organization Skills to De-Clutter</td>
<td>OL</td>
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<td>12:30</td>
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<td>4/18</td>
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<td>12 Women Who Shaped America</td>
<td>OL</td>
<td>n/a</td>
<td>Tue</td>
<td>11:00</td>
<td>12:45</td>
<td>2/7</td>
<td>2/28</td>
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<td>Art: The End of Modernism</td>
<td>CYC</td>
<td>122</td>
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<td>2/22</td>
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<tr>
<td>Basic Drawing</td>
<td>CYC</td>
<td>337</td>
<td>Wed</td>
<td>9:00</td>
<td>10:30</td>
<td>3/22</td>
<td>4/26</td>
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<tr>
<td>Fundamentals of Watercolor (no class 3/8)</td>
<td>CYC</td>
<td>337</td>
<td>Wed</td>
<td>9:00</td>
<td>10:30</td>
<td>2/1</td>
<td>3/15</td>
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<tr>
<td>Oil Painting Basics</td>
<td>CYC</td>
<td>337</td>
<td>Wed</td>
<td>11:00</td>
<td>12:30</td>
<td>3/22</td>
<td>4/26</td>
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<tr>
<td>Painting Studio (no class 3/8)</td>
<td>CYC</td>
<td>337</td>
<td>Wed</td>
<td>11:00</td>
<td>12:00</td>
<td>2/1</td>
<td>3/15</td>
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<tr>
<td>Casual &quot;Build Your Skill&quot; Acrylic Painting-Class A</td>
<td>CYC</td>
<td>337</td>
<td>Wed</td>
<td>1:00</td>
<td>2:15</td>
<td>2/1</td>
<td>3/1</td>
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<tr>
<td>Casual &quot;Build Your Skill&quot; Acrylic Painting-Class B</td>
<td>CYC</td>
<td>337</td>
<td>Wed</td>
<td>2:30</td>
<td>3:45</td>
<td>2/1</td>
<td>3/1</td>
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<tr>
<td>Florence Nightingale and the History of Nursing</td>
<td>CYC</td>
<td>318</td>
<td>Wed</td>
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<td>2:45</td>
<td>3/22</td>
<td>3/22</td>
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<tr>
<td>Sneak Peek to Our April Class!</td>
<td>OL</td>
<td>n/a</td>
<td>Wed</td>
<td>10:00</td>
<td>11:00</td>
<td>3/22</td>
<td>3/22</td>
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<tr>
<td>Beginning Mah Jongg (no class 3/8 or 4/5)</td>
<td>CYC</td>
<td>229</td>
<td>Wed</td>
<td>1:30</td>
<td>3:30</td>
<td>3/1</td>
<td>4/12</td>
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<td>Course Title</td>
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<td>Section</td>
<td>Day(s)</td>
<td>Time(s)</td>
<td>Dates</td>
<td>Credits</td>
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<tr>
<td>Have High Blood Pressure? A Little DASH Will Help</td>
<td>CYC</td>
<td>304</td>
<td>Wed</td>
<td>12:00 - 1:30</td>
<td>4/19</td>
<td>5/3</td>
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<tr>
<td>Peace, Love, and Commerce: The Rise and Fall of 1960's Counterculture</td>
<td>CEL</td>
<td>204</td>
<td>Wed</td>
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<tr>
<td>American Sphinx</td>
<td>CYC</td>
<td>122</td>
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<td>4/5</td>
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<td>The United States Founding Documents</td>
<td>CYC</td>
<td>318</td>
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<td>4/5</td>
<td>4/19</td>
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<tr>
<td>Thanks for the Memories: An In-Depth Approach to Memoir Writing</td>
<td>CYC</td>
<td>304</td>
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<td>4/5</td>
<td>4/26</td>
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<tr>
<td>The Secret Life of Great Classical Music</td>
<td>CYC</td>
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<td>2/1</td>
<td>2/22</td>
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<tr>
<td>The Passion of George Frederick Handel-Hallelujah! (No class 3/8)</td>
<td>CYC</td>
<td>318</td>
<td>Wed</td>
<td>1:30 - 2:45</td>
<td>3/1</td>
<td>3/15</td>
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<tr>
<td>The Body's Journey Through Time</td>
<td>CYC</td>
<td>122</td>
<td>Wed</td>
<td>11:00 - 12:30</td>
<td>3/15</td>
<td>3/29</td>
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<tr>
<td>Geologic Hazards: Part 2-Earthquakes and Impacts</td>
<td>OL</td>
<td>n/a</td>
<td>Wed</td>
<td>11:00 - 12:30</td>
<td>3/15</td>
<td>3/29</td>
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<tr>
<td>Behind the News (No class 3/9)</td>
<td>CYC</td>
<td>122</td>
<td>Thur</td>
<td>11:00 - 12:30</td>
<td>3/2</td>
<td>4/6</td>
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<tr>
<td>A Well-Behaved Lady: The Life and Times of Ida Eisenhower</td>
<td>CYC</td>
<td>122</td>
<td>Thur</td>
<td>1:30 - 3:00</td>
<td>3/2</td>
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<td>Forest Ecosystems White Rock Creek Collin County</td>
<td>CYC</td>
<td>122</td>
<td>Thur</td>
<td>1:00 - 2:00</td>
<td>4/13</td>
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<tr>
<td>Role of the Media in US History</td>
<td>CHEC</td>
<td>106</td>
<td>Thur</td>
<td>2:00 - 3:30</td>
<td>2/2</td>
<td>2/23</td>
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<tr>
<td>The Forgotten History of Voting Rights in America</td>
<td>CYC</td>
<td>422</td>
<td>Thur</td>
<td>11:00 - 12:00</td>
<td>4/6</td>
<td>4/20</td>
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<tr>
<td>The Hidden History of American Universities (No class 3/9)</td>
<td>CYC</td>
<td>318</td>
<td>Thur</td>
<td>10:00 - 11:30</td>
<td>3/2</td>
<td>3/23</td>
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<tr>
<td>Intro to Password Vaults, VPN and Antivirus Applications</td>
<td>CYC</td>
<td>228</td>
<td>Thur</td>
<td>1:30 - 3:00</td>
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<td>4/20</td>
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<td>Mathematics from the Visual World</td>
<td>OL</td>
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<td>Thur</td>
<td>11:00 - 12:45</td>
<td>2/9</td>
<td>3/2</td>
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<td>Great Novels Discussion Group</td>
<td>CYC/OL</td>
<td>333</td>
<td>Fri</td>
<td>11:30 - 1:00</td>
<td>4/21</td>
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<td>Great Books Discussion Group (1/27, 2/10, 2/24, 3/17, 3/31, 4/14, 4/28) (alternating Fridays-we skip 3/10)</td>
<td>CYC/OL</td>
<td>333</td>
<td>Fri</td>
<td>11:30 - 1:00</td>
<td>1/27</td>
<td>4/28</td>
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<tr>
<td>Opera: It's Not as Bad as It Sounds!</td>
<td>CYC</td>
<td>229</td>
<td>Fri</td>
<td>11:00 - 12:30</td>
<td>2/3</td>
<td>2/17</td>
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<tr>
<td>A Line in the Sand: The Birth of Modern Iraq in Post-War World I Middle East and the Advent of a Century-Long Geopolitical Quagmire*</td>
<td>CYC</td>
<td>122</td>
<td>Fri</td>
<td>3:00 - 4:30</td>
<td>2/3</td>
<td>2/17</td>
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<td>Rage Against the Machine: The Birth of the Free Speech Movement, Berkeley, 1964</td>
<td>CYC</td>
<td>122</td>
<td>Fri</td>
<td>3:00 - 4:30</td>
<td>3/17</td>
<td>3/31</td>
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<tr>
<td>The American Jewish Experience</td>
<td>CYC</td>
<td>122</td>
<td>Fri</td>
<td>3:00 - 4:30</td>
<td>4/14</td>
<td>4/28</td>
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<tr>
<td>Landmark U.S. Supreme Court Decisions of the 19th Century</td>
<td>OL</td>
<td>n/a</td>
<td>Fri</td>
<td>10:00 - 11:00</td>
<td>3/17</td>
<td>4/7</td>
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<tr>
<td>The War of Regulation - British and Colonial American Relations Leading to the American Revolution</td>
<td>OL</td>
<td>n/a</td>
<td>Fri</td>
<td>9:30 - 10:30</td>
<td>2/3</td>
<td>2/17</td>
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<tr>
<td>The Science of Being Well</td>
<td>OL</td>
<td>n/a</td>
<td>Sat</td>
<td>8:30 - 9:30</td>
<td>2/4</td>
<td>3/4</td>
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**ARTS/ART HISTORY**

**Basic Drawing**
Join us for a beginning drawing class, where we will learn basic drawing skills such as sketching, contour drawing, shading, and blending, and a variety of perspective techniques.

**Student Limit: 12 (see supply list at back of schedule)**

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<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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<tr>
<td>Wed</td>
<td>3/22-4/26</td>
<td>9-10:30 am</td>
<td>Campus: CYC Room 337</td>
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Instructor: Lori Ruml (see biography below)

Sessions: 6

**Fundamentals of Watercolor (No class 3/8)**
This course is designed for those who want to learn the basics of watercolor and will focus on getting comfortable with watercolor painting techniques and enjoying the process of a fluid and serendipitous style of painting. The basics of materials, tools, techniques, color, and value will be explored.

**Student Limit: 12**

*Supplies: We will play with watercolor supplies on the first day of class, discussing the pros and cons of each and allowing students to handle and see all supplies before deciding what to purchase by way of paper, palettes, types of watercolor preferred and brush style.

**A general supply fee of $5.00, payable to your instructor is due at the beginning of the course.**

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<tr>
<td>Wed</td>
<td>2/1-3/15</td>
<td>9-10:30 am</td>
<td>Campus: CYC Room 337</td>
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</tbody>
</table>

Instructor: Lori Ruml (see biography below)

Sessions: 6

**Oil Painting Basics**
Learn how to paint in oils! This class will take you through the basics of materials and mediums, what kinds of brushes to use, the differences between water-based oil and traditional oils and how to get started painting with oil paints.

**Student Limit: 12**

**A general supply fee of $5.00, payable to your instructor is due at the beginning of the course.**

*Supplies: We will play with oil painting supplies on the first day of class, discussing the pros and cons of each and allowing students to handle and see all supplies before deciding what to purchase by way of canvas, palettes, type of oil preferred (water or oil based), mediums, and brush styles.

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<tr>
<td>Wed</td>
<td>3/22-4/26</td>
<td>11 am-12:30 pm</td>
<td>Campus: CYC Room 337</td>
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Instructor: Lori Ruml (see biography below)

Sessions: 6

**Painting Studio (no class 3/8)**
Enjoy the camaraderie and input of fellow students while you work in the painting medium of your choice. The studio class will be facilitated by an instructor with knowledge of painting in watercolor, acrylic, and oil paint who can answer your questions and help you along in your individual painting journey. Class discussions and critiques will enhance the learning process along with learning how other students approach various mediums and style of painting.

**Student Limit: 12**

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<tr>
<td>Wed</td>
<td>2/1-3/15</td>
<td>11 am-noon</td>
<td>Campus: CYC Room 337</td>
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Instructor: Lori Ruml

Sessions: 6

Lori Ruml has a M.A. in Art Education with a concentration in Watercolor. She has been teaching since 1995. She received a scholarship to an Art program in Europe to study with watercolor artist, Rob Erdle, while working on her M.A. As the owner of The Art Experience, she also does murals, custom work, and art parties in addition to community art classes. Her interests extend to all mediums of art from acrylic, oil, and watercolor to sculpture and pottery. She has also had the honor of learning from Renaissance style painter, Frank Covino, focusing on oil painting in classical styles.
Casual “Build Your Skill” Acrylic Painting-Class A

*Sign up for the 1 pm OR the 2:30 pm class. Please do not sign up for both.

In this class, I will work with participants in completing a simple beautiful acrylic painting each class! Everyone will choose and paint their own image from reference materials provided. The instructor will guide on how to start each painting and will work with individuals one-on-one as needed to complete the various paintings. These classes are geared toward beginners to intermediate level acrylic painters.

Student Limit:  12 (see supply list at back of schedule)

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<tr>
<th>Wed.</th>
<th>2/1-3/1</th>
<th>1-2:15 pm</th>
<th>Campus: CYC Room 337</th>
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Casual “Build Your Skill” Acrylic Painting-Class B

*Sign up for the 1 pm OR the 2:30 pm class. Please do not sign up for both.

Student Limit:  12 (see supply list at back of schedule)

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<tr>
<th>Wed.</th>
<th>2/1-3/1</th>
<th>2:30-3:45 pm</th>
<th>Campus: CYC Room 337</th>
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Instructor:  Christine Smith

Instructor:  Christine Smith is a professional artist whose career has spanned multiple areas of expertise. A graduate of The Art Institute of Dallas, she started her career out of college into the video game industry, creating art and animation. She is accredited on seven published titles over a decade long span in the entertainment industry. She spent years freelancing as a graphic designer, photographer, and web developer, until she founded The WERX Foundation, and served as President and Executive Director, assisting nearly 100 start-up companies over to become successful small business. Christine is also a fine artist, an Adjunct Professor at Collin College and serves as Chairman of the Visual Arts League of Allen (VALA). As an extension of VALA, she set-up and curates the VALA Gallery in the Cotton Mill of McKinney.
ARTS/ART HISTORY

Art: The End of Modernism
The class covers Western Art from the late 1800’s to the end of Modernism, about the 1960’s. We will discuss several movements including: Fauvism, Cubism, German Expressionism, Surrealism, the Abstract Expressionists in New York, and others. This class is the culmination of the series that I have been teaching at SAIL for several years.

Wed. 2/1-2/22 1:30-3:30 pm Campus: CYC Room 122
Instructor: Carrie Oransky Sessions: 4

Carrie Oransky is a CPA and an art history enthusiast. Since 2012, she has been teaching the History of Western Art to students in the home school community around Plano and McKinney. She believes that the intrinsic value of our shared humanity is discovered through our understanding of a culture’s art. She is looking forward to sharing her love of art with the SAIL students.

Modern Art – Part 2
In this class, you will be introduced to more 20th century modern artists. We will explore the lives and works of Jackson Pollock, Helen Frankenthaler, Franz Kline, and Andy Warhol to name a few. Through discussions of their styles and the meanings of their works, we will answer the question, “What is Modern Art?”

Mon. 3/13-4/3 11 am-12:30 pm Campus: CYC Room 122
Instructor: Sally Kemble Sessions: 4

Sally Kemble did her B.A. from Centenary College of Louisiana and her master’s degree from the University of North Texas. She has always been fascinated in the History of Art. She taught Art for 28 years in Carrollton-Farmers Branch and Richardson. She is married and has one son and four grandchildren who keep her very busy.
DISCUSSION

Behind the News (No class 3/9)

This course provides analysis, background, and explanation about the news of the day. Our approach to issues is to articulate and assess arguments on all sides, separating fact from fiction, good reasoning from bad.

Thur. 3/2-4/6 11 am-12:30 pm  Campus: CYC Room 122
Instructors: Bruce Eisen and Dr. Jim Lamb  Sessions: 5

Bruce Eisen is a CPA with degrees in political science and economics and a master's degree in accounting. Most of his career was spent as chief operating and financial officer for several Jewish Federations.

Jim Lamb, Ph.D., is a retired college professor, computer programmer, and I.T. manager. After receiving a doctorate in philosophy from Brown University, he taught at SMU for 35 years. Jim was also the Director of Computer Services at Ebby Halliday Realtors.

Democracy in the U.S.

Democracy is rule by the people. Simple! But not so simple in operation. This course examines democracy in the U.S., covering topics such as representation, federalism, one person one vote, the effect of political parties, and the evolution of democracy since 1789. We’ll also look at vulnerabilities and weaknesses such as the tyranny of the majority, gerrymandering, election subversion, voter suppression, voter fraud, voting by district, and the Electoral College.

Mon. 4/10-4/24 1-2:30 pm  Campus: CYC Room 318
Instructor: Dr. Jim Lamb (see above biography)  Sessions: 3

Iran Re-visited

Given recent political developments in Iran, we will ask two important questions in this course: “What's next for Iran?” and “What's next for the Middle East?” The first lecture examines possible political re-arrangements in Iran due to the simmering popular discontent. The second lecture investigates the potential impact of regime change in Iran on the broader Middle East.

Fri. 2/10 & 2/17 10-11 am  Campus: CYC Room 122
Instructor: Dr. Lishan Desta  Sessions: 2

Lishan Desta, Ph.D. earned a doctorate in political science from the University of Texas Dallas. He is full-time faculty at Collin College McKinney Campus teaching Economics. He has lived on three continents and teaches from his varied background in history, culture, and world affairs.
FREE LECTURES - ON CAMPUS (OR ONLINE IF INDICATED)

A Well-Behaved Lady: The Life and Times of Ida Eisenhower

The phrase “well-behaved women seldom make history” defines Ida Stover Eisenhower. She was considered a warm, funny person, a devoted Jehovah’s Witness, a mother of seven boys, and a proud homemaker. She would have slipped through the cracks of history, however, if her son, Dwight D. Eisenhower, had not risen to such dizzying heights. Join Jennifer Parsley, Educator at the Eisenhower Birthplace, as we explore the uniquely ordinary life of Ida Eisenhower and how her life reflects the dramatic changes in women’s lives and roles at the turn of the 20th century.

Thur. 3/2 1:30-3 pm Campus: CYC Room 122
Instructor: Jennifer Parsley Sessions: 1

Jennifer Parsley is an educator for the Eisenhower Birthplace State Historic Site in Denison, Texas. She is a public historian, with an M.A. from Texas Tech University in Museum Science. Jennifer has worked at a number of historic sites, including the Alamo and a Civil War Fort in Delaware.

Florence Nightingale and the History of Nursing

At the young age of 17, Florence Nightingale was called to her life mission. Soon she would envision a new era in modern medical practice and bring new hope to patients around the world. The nurses who would follow in her footsteps, Clara Barton, Susie King Taylor, Eliza Mahoney, and others, would forge a strong partnership with physicians and vastly improve patient outcomes. In this lesson, we celebrate the heroic service of nurses as the guardians of patient health.

Wed. 3/22 1:30-2:45 pm Campus: CYC Room 318
Instructor: Don Wolman Sessions: 1

Don Wolman is a teacher, world traveler and writer. He teaches classes in world geography, travel, history, and science. Don holds a bachelor’s degree in Engineering from M.I.T. and a master’s degree in Physics from Tufts University. He is a strong proponent of collaborative lifelong learning and volunteers as a speaker/presenter around the DFW area.

Forest Ecosystems: White Rock Creek, Collin County

Forest ecosystems using the hardwood bottomland forest of White Rock Creek in Collin County.

From the formation of White Rock Creek to present day bottomland hardwood forest, explore interrelationships between water, soil, plants, animals, man, carbon sequestration and the environment.

https://sites.google.com/view/whiterockcreekecosystem/home

Thur. 4/13 1-2 pm Campus: CYC Room 122
Instructor: Frank Taylor (*New instructor) Sessions: 1

Frank Taylor holds a B.S. in Forestry, and an M.B.A. in Finance. He is a retired forest manager for a private industrial forest of Fortune 500 company.

How To Avoid Overpaying Taxes in Retirement (Choose ON CAMPUS OR ONLINE)

The problem is simple: Most people pay more in taxes in retirement than is necessary. Because retirees, and those preparing to retire don’t understand the complicated role of taxes in retirement, they could end up stumbling into horrific and costly mistakes.

This course is designed to guide you through some of the “tax traps and opportunities” that retirees face through the four stages of retirement.

Mon. 1/30 & 2/6 10-11:30 am Campus: CYC Room 333 & ONLINE
Instructor: Joe Dowdall Sessions: 2

Joe Dowdall, MBA has worked in the financial services industry for over 16 years and has spent the last 12 years as a financial planner in North Texas. He earned his bachelor’s degree from the State University of New York and his M.B.A. in Finance from Saint Joseph’s Haub School of Business. Joe is a certified Financial Planner (CFP®), Chartered Retirement Plan Consultant (CRPC) and a Retirement Income Certified Professional (RICP).
## Free Lectures – On Campus (Or Online If Indicated)

### Maximizing Your Medicare Choices

Are you getting all that you can from your current Medicare coverage? Are you paying more than you should for your Prescription Drug Plan? Is your Medicare Supplement working out, okay? Is there an advantage to “Advantage”? We will answer all these questions and learn how to make sure that your Medicare insurance choices are the best for YOUR needs.

**Mon.** 3/13 and 3/20  10:30-11:45 am  
** Campus: CYC Room 318**

**Instructor:** Andy Brooks  
**Sessions:** 2

Andy Brooks is a financial services professional in Allen, TX. He is active in the Senior Services Coalition of the Allen/Fairview Chamber of Commerce and in other organizations that impact senior issues.

### Roundtable Talk and Tea

SAIL is unique! Although its members come with a lifetime of education, expertise, and life experiences, they still have a desire to continue learning so, what is ROUND TABLE? It will be an opportunity to further that desire to learn by sharing experience, knowledge, discussion, and opinions in a small group of SAIL members.

Let’s get together informally for an hour, enjoy a cup of tea, and get to know each other by conversing about life!

**Mon.** 4/3  1-2:30 pm  
** Campus: CYC Room 229**

**Instructor:** Kyra Effren  
**Sessions:** 1

Kyra Effren has had an extensive and international experience in the world of food and cookbooks! She received her Bachelor’s in Social Sciences from UCT Cape Town, RSA. Kyra did her post grad studies in Labor Relations at Columbia University. Kyra was the owner of Cours de Cuisine Cooking School and worked with The Dallas Morning News for over 15 years. She currently is collaborating with the City of Dallas and other organizations to combat food insufficiency in Dallas with the elderly population.

### Smartphone Healthy Apps You Won’t Want to Miss!

Your smartphone features many ways to keep you informed about your health. From measuring the steadiness of your walking to keeping track of your glucose level, apps can provide more data than ever to help you stay healthy. In addition to several health apps that might be right for you, you’ll also learn how to add your health information to your phone’s home screen, so it can be accessed in case of emergency.

**Tue.** 2/21  10-11:30 am  
** Campus: CYC Room 326**

**Instructor:** Nancy Watson (New instructor)  
**Sessions:** 1

Nancy Watson has been assisting “tech timid” adults since 2006 and loves helping people become more confident end users of technology tools. A lifelong educator, she holds a Master of Library Science and a Master of Education in Digital Learning and Leading.
**FREE LECTURES – ONLINE ONLY**

### Estate Planning Stories: Myths, Mistakes and Missed Opportunities

In this course, we will learn about estate planning through the stories of others. We will learn about common mistakes that are made. We will also explore the myths and misconceptions that many people have. Finally, we will discuss missed opportunities in estate planning.

**Tue. 4/4 & 4/11 2-3 pm**  
**Instructor:** Candace Vogt  
**Sessions:** 2

Candace Vogt graduated from Auburn University and Vanderbilt University, School of Law. She has practiced and is licensed in both Alabama and Texas. She also taught law school in Alabama for three years as an Assistant Professor, concentrating in Estate Planning, Estate Tax, Real Estate and Elder Law. She has been a partner with a major Alabama law firm and is now a partner at Vogt Duff Law Group in McKinney. She practices mainly in the areas of estate planning, real estate, and small business management. She is married to her wonderful husband Tod and has two adult children.

### The Immune System—Our Personal Super-Hero! How it Works and How to Feed It!

Do you know what organisms live on your phone? The elevator’s buttons, the stairway rail? Our body is exposed daily to several invaders – some of them are dangerous and can cause serious illness. Regardless of the constant attacks on our body, we are rarely sick and if we are, it is rarely deadly. How is that possible?

This lecture will review ways the immune system identifies and fights invaders, discuss different types of vaccinations and give you nutritional tools to keep your immune system strong.

**Tue. 4/18 4:30-5:30 pm**  
**Instructors:** Dr. Amira Albalancy & Dr. Shiva Davanloo  
**Sessions:** 1

Amira Shaham-Albalancy Ph.D., studied in the Animal Sciences Department of the Faculty of Agriculture at the Hebrew University of Jerusalem. Her specialty was the endocrine physiology of the reproductive system of dairy cows and worked as a private consultant to farms and firms in the agricultural industry. Dr. Albalancy moved to Texas from Israel in 2001 and started teaching at Collin College as associate faculty in 2004. She became full-time faculty for Collin College in 2006 and teaches human Anatomy and Physiology classes for science and non-science majors.

Shiva Davanloo has a Ph.D. in Nutrition Sciences from Texas Woman’s University and has been teaching nutrition courses, both undergraduate and graduate for over 20 years during which she supervised different thesis and dissertations, practiced dietetics, and has worked as the chair for the Clinical Nutrition department at her previous workplace. She has been a full-time professor with Collin College for the past 14 years.
**FREE LECTURES – ONLINE ONLY**

Sneak Peek Intro to Our April Class!

This is an introduction session about the class “Have High Blood Pressure?” in April.

Get ready for National High Blood Pressure Education Month in May and a sneak peek into the 3-week long April class! Registered Dietitian Nutritionist, Cindy Kleckner will raise awareness about the impact of high blood pressure on your health. Learn the benefits of the DASH Diet (Dietary Approaches to Stop Hypertension) proven to reduce blood pressure by eating more food – especially fruits, vegetables, low-fat dairy. Get a glimpse of the science behind the DASH lifestyle.

Wed. 3/22 10-11 am ONLINE
Instructor: Cindy Kleckner (*New instructor) Sessions: 1

Cindy Kleckner, RDN, LD, FAND is a Culinary Registered Dietitian Nutritionist and teaches in The Collin College Institute of Hospitality and Culinary Education for 16 years. She is an author, recipe developer and professional speaker who has a passion for healthy cooking.

The Law and the Red River Borderland

For several decades in the 19th century, the Red River acted as a border between the United States, Spain, France, Mexico, Texas, and Indian Territory. Additionally, the area was also a border between the native tribes and the colonizers. Because of these disparate jurisdictions, the region became rife with crime, outlaws, murders, and conflicts. In this class, we will learn how the Texas Rangers, Indian police, Buffalo Soldiers, and others worked to stem the lawlessness, including their failures, successes and sometimes their own participation.

Tue. 3/21 2:30-4:30 pm Campus: ONLINE
Instructor: Robin Cole-Jett Sessions: 1

Robin Cole-Jett is the Red River Historian. For over twenty years, Robin has been researching, documenting, and sharing the history of the Red River as a college instructor, museum worker, consultant, author, and publisher of the website, redriverhistorian.com. An avid road tripper, she’s put 260K miles on her car’s odometer to make sure others can enjoy the river’s stories as well. She lives in Lewisville with her husband, son and way too many dogs.
**GAMES**

**Beginning Mah Jongg**

*No class 3/8 or 4/5*

In five weeks, class participants will learn the basics of Mah Jongg -- the meaning of the tiles, varieties of the hands, course of play and interpretations of the annual card. *This beginner’s class is for students that have not taken a previous Mah Jongg course and want to learn the basics.*

Wed. 3/1-4/12 1:30-3:30 pm  
Instructor: Judith Fishman  
Campus: CYC Room 229  
Sessions: 5

**Students must purchase or already have a National Mah Jongg League Rules Card (2022) prior to first day of class play.**

Cards can be purchased through Amazon or the Natl Mah Jongg League (see address below). If you have a 2022 card, just bring it and if you don’t, we will provide one.

**National Mah Jongg League Inc.**

450 7th Ave, NY, NY 10123  
Small print $8.00 Large print $9.00

Judith Fishman has been playing Mah Jongg since her teenage years. Besides playing “maj”, she has owned and operated her own retail store, founded, and led a social service organization for women, and had a home staging/decorating business.
HEALTH/WELLNESS/LIFESTYLE

Brain Health (Choose ON CAMPUS OR ONLINE)

Learn ways to increase your brain's creativity and keep your brain fit. We will discuss three key frontal lobe processes, brain health myths, brain injury and repair, and the latest research on Alzheimer's Disease. The class will be based on the book, "Make Your Brain SMARTER", by Sandra Bond Chapman, Ph.D., chief director at the Center for Brain Health, UT Dallas and on AARP, "Staying Sharp", publications and other research studies.

Mon. 4/10 & 4/17 11 am-12:30 pm Campus: CYC Room 333 or ONLINE
Instructor: Barbara Walters  Sessions: 2

Barbara Walters has spent over 30 years in the corporate world in employee and leadership development, including designing and delivering training to employees at all levels, and managing teams of trainers. She earned her B.A. in English Education at the University of New Mexico and her M.A. in Human Resource Development from University of Texas at Austin.

Bring Balance Back to Your Life with Chair Yoga

A regular yoga practice provides many health benefits, such as improving your flexibility, strength, and balance. Yoga can also contribute to reduced anxiety and greater concentration. If you've been wanting to try yoga, but don't want to have to get up and down off the floor, this is the class for you!

You'll experience gentle stretching, twisting, and opportunities to challenge your balance, all using the support of a stationary chair.

Tue. 3/14-3/28 10 am-11 am Campus: CYC Room 318
Instructor: Nancy Watson (*New instructor)  Sessions: 3

Nancy Watson has been practicing yoga for over 20 years. She has completed a rigorous 200-hour yoga teacher training program (RYT 220) and recently added chair yoga to her teaching repertoire.

Have High Blood Pressure? A Little DASH Will Help! Nutrition Program

Get ready for National High Blood Pressure Education Month in May! Registered Dietitian Nutritionist, Cindy Kleckner is here to raise awareness about the impact of high blood pressure on your health. Learn the benefits of the DASH Diet (Dietary Approaches to Stop Hypertension) proven to reduce blood pressure by eating more food – especially fruits, vegetables, and low-fat dairy. This is the perfect solution for those looking for ways to add flavor to meals without relying on salt and ultra-processed food. We will talk about the years of science behind the DASH lifestyle and demonstrate recipes that can turn a dish from "ho hum to yum!" By adding a dash of this and that, you can boost the antioxidant power of food and lower blood pressure without feeling deprived.

Wed. 4/19-5/3 noon-1:30 pm Campus: CYC Room 304
Instructor: Cindy Kleckner  Sessions: 3

Cindy Kleckner, RDN, LD, FAND is a Culinary Registered Dietitian Nutritionist and teaches in The Collin College Institute of Hospitality and Culinary Education for 16 years. She is an author, recipe developer and professional speaker who has a passion for healthy cooking. She is a distinguished Fellow of the Academy of Nutrition and Dietetics and works individually with clients as a nutrition coach and in groups to educate, inspire, and entertain.

Finding Our Roots: How to Navigate Genealogy Tools

*This class is at the Collin Higher Education Center in McKinney

In this course, students will learn to navigate resources like genealogy sites, census records, and government databases to find information about their family or persons of interest. Students will also learn the tools and methods historians use when searching for individuals in government records. Students should have a basic understanding of computers upon enrolling in the course, but do not need to be familiar with genealogy research or databases.

Tue. 3/14-4/4 1-2:30 pm Campus: CHEC Room 106
Instructor: Nicole Donawho (*New instructor)  Sessions: 4

Nicole Donawho has a M.S. in History and is a professor of history at Collin College. She became a historian after spending years with her father in museums and helping compile her own family's records and genealogy.
**HISTORY**

**American Scoundrel**

We will discuss the life of the notorious Civil War General, Dan Sickles who was a problem child for all of his 94 years. A Tammany politician, diplomat who insulted Queen Victoria, a killer tried for murder, general, who won/almost lost the Battle of Gettysburg and more. We will learn about this complex and controversial man.

Mon. 1/30 & 2/6 1:30-3 pm  Campus: CYC Room 422/424
Instructor: Col. Richard Cudlipp (Ret.)  Sessions: 2

**American Sphinx: The character of Thomas Jefferson by Joseph Ellis, a leading historian of early U.S. history.**

This is the story of an historic, enigmatic figure that has appeals to diverse groups down through American history: Southern secessionists cited his state’s right view, Abolitionists quoted, “…all men are created equal…”, robber barons echoed his warning against encroachment by the Federal Government, Bryan and Darrow were sure he agreed with them on evolution and Hoover and FDR claimed him as their guide for Depression policies.

Wed. 3/15-4/5 1:30-3 pm  Campus: CYC Room 122
Instructor: Col. Richard Cudlipp (Ret.)  Sessions: 4

Richard Cudlipp is a graduate of the Naval Academy and a twenty-year veteran of the Air Force. An engineer and a history buff, he previously taught at De Vry University and Richland College. Richard has been teaching with SAIL over 12 years.

**Peace, Love, and Commerce: The Rise and Fall of 1960's Counterculture**

*This class is at the Celina Campus in Celina*

This lecture will discuss the rise and fall of the counterculture movement in the late 1960’s and early 1970’s and that movement’s influence on American music, movies, television, and politics.

Wed. 3/22 2-3 pm  Campus: CEL Room 204
Instructor: Brett Adams  Sessions: 1

Brett Adams has a master’s degree from the University of Tulsa and has been teaching history at Collin College since 2004. His areas of study are mostly the American West and The Progressive Era. Brett has been presenting SAIL lectures with Dr. West for about 5 years.

**Role of the Media in US History**

*This class is at The Collin Higher Education Center in McKinney*

“Whoever controls the media, controls the mind.”  Jim Morrison

This class will explore how media has helped shape the American story from the American Revolution through the 20th century.

Thur. 2/2-2/23 2-3:30 pm  Campus: CHEC Room 106
Instructor: Monica Cubberly  Sessions: 4

Professor Monica Cubberly has a master’s degree in history from the University of Texas at San Antonio and is currently a full-time faculty member on the McKinney Campus of Collin College. She has also taught part-time at the Rockwall, Frisco and Plano Campuses, while working as a full-time public-school teacher. History is her passion, and she enjoys sharing what she considers to be the most interesting information the past has to offer.
The Checkered History of Spice

SPICES! The Good, the Bad and the Ugly! Spices were used to transform food; they were an additive in medicine and were even a symbol of wealth and power. Spices led to some of the greatest explorations and with it, the discovery of new worlds influenced the rise and fall of Empires! Spices were unfortunately also associated with danger, greed, brutality, and temptation. It camouflaged more than the "smell of a rotting corpse"!

Mon. 3/13 & 3/20 1-2 pm  Campus: CYC Room 229
Instructor: Kyra Effren  Sessions: 2

Kyra Effren has had an extensive and international experience in the world of food and cookbooks! She received her Bachelor's in Social Sciences from UCT Cape Town, RSA. Kyra did her post grad studies in Labor Relations at Columbia University. Kyra was the owner of Cours de Cuisine Cooking School and has worked with The Dallas Morning News for over 15 years. She currently is collaborating with the City of Dallas and other organizations to combat food insufficiency in Dallas with the elderly population.

The Forgotten History of Voting Rights in America

Most Texans would be shocked by an America in which military service personnel were barred from voting, in which one did not need to be a citizen to vote, and in which American women would forfeit their birthright citizenship for life if they married an immigrant. But that was the reality in Texas during the Progressive Era.

Learn about the unusual and often forgotten history of Voting Rights in Texas and America in this course.

Thur. 4/6-4/20 11am-noon  Campus: CYC Room 422
Instructor: Dr. Rachel Gunter (*New instructor)  Sessions: 3

Dr. Rachel Michelle Gunter received her Ph.D. in history from Texas A&M University. Her research focuses on woman suffrage and its effects on the voting rights of other groups including immigrants, servicemen, WWI veterans, Mexican Americans, and African Americans. She was a consultant and co-writer for Citizens at Last, a documentary of the Texas Suffrage Movement released in 2021 and currently streaming on the PBS app. She serves on the Executive Advisory Committee of the Handbook of Texas Women for the Texas State Historical Association. She is active on twitter @PhDRachel. Her website is https://rmgunter.com/

The Hidden History of American Universities (No class 3/9)

American Universities have a rich history dating back all the way to the founding of Harvard University in 1636. This course will cover some truly amazing events and people: geniuses, innovators, super achievers, celebrities, and scoundrels from the world of higher education. We will also learn about the heroes and heroines who overcame racial, gender and religious prejudice on our college campuses through the ages. We will cover every far-flung region of America, then return to universities in Texas, including Collin College and the University of Plano. Class is in session!

Thur. 3/2-3/23 10-11:30 am  Campus: CYC Room 318
Instructor: Don Wolman (see biography page 5)  Sessions: 3
**HISTORY (CONT.)**

The United States Founding Documents

This class will be a reading of *The Mayflower Compact* and *The Declaration of Independence* and is intended for those that have not taken the time or don’t remember those founding basics leading to the formation of our government of the United States of America, *The Constitution of the United States*. We will cover important events leading to the adventures that led to the creation of the two documents with general discussion offered. Some instructive and entertaining movie outtakes will also be shown. It is helpful if you bring either a hard copy of each or use the internet to pull up a copy.

Wed. 4/5-4/19 10-11 am  Campus: CYC Room 318
Instructor: Darrell Simmerman (*New instructor*)  Sessions: 3

Darrell Simmerman holds a Bachelor of Science in Education from Indiana University and a Master of Arts in Teaching from Purdue University. He has taught at multiple universities and was the developer and manager of the IT Training Curriculum for National Health Labs, Inc, while in Dallas. He has read the founding documents many times and remains a student of the same.
**LITERATURE/FILM/MUSIC**

**An African Novel: Things Fall Apart**

*Things Fall Apart* by Chinua Achebe is said to be the most widely read African novel written in English. Achebe writes of Nigeria as it enters the colonial period in the 19th century and the conflict between the local Ibo culture and the European culture. This is the story of one man, Okonkwo who tries to understand these changes.

*Please read about 6 chapters for each class.

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<th>Instructor</th>
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<tr>
<td>Tue. 2/7-2/28</td>
<td>1:30-2:30 pm</td>
<td>Campus: Room 304</td>
<td>Margo Hicks</td>
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Margo Hicks taught high-school English for thirteen years in Houston ISD before retiring ten years ago to move to Dallas to be near her family. Before going back to teaching in 1993, she was an insurance broker for oil and gas companies and has a CPCU designation. Margo has a B.A. in English and Drama from Ouachita University and a M.Ed. from the University of Houston.

**Great Books Discussion (Choose ONLINE or ON CAMPUS)**

The Great Books Foundation was established 75 years ago to foster respectful, open discussions of enduring literature. Readings are all short fiction (averaging less than 20 pages) and will focus on the 7 Deadly Sins. They include works by Balzac, Cheever, Wharton, Gordimer, Fitzgerald, Maugham, and Calvino, among others.

Readings are from *Even Deadlier: A Sequel to the 7 Deadly Sins Sampler (2009)*, which is published by The Great Books Foundation and is available online.

Seven meetings on alternate Fridays - *We skip 3/10 (1/27, 2/10, 2/24, 3/17, 3/31, 4/14, 4/28)*

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<td>Fri. 1/27-4/28</td>
<td>11:30 am-1 pm</td>
<td>Campus: CYC Room 333 or ONLINE</td>
<td>Paul Dolliver</td>
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**Great Novels Discussion Group (Choose ONLINE or ON CAMPUS)**

We will read and discuss *In the Beauty of the Lilies* by John Updike. Published in 1996, this novel is considered among his finest. It is a multigenerational saga, populated by a cast of “dreamers, wimps, social climbers, crackpots and lost souls”, which compels us to reassess the American Dream and the role faith has played in shaping our national soul.

*Student Limit: 18

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<td>Fri. 4/21</td>
<td>11:30 am-1 pm</td>
<td>Campus: CYC Room 333 or ONLINE</td>
<td>Paul Dolliver</td>
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**Storytelling with a Backdrop of History**

A king dies, a king is crowned, a king abdicates, another king is crowned, and WWII begins, but *The King’s Speech* concentrates on the challenges of one man’s struggle with stuttering. Selected as best film for 2010 by both British and U.S. academies, this dramatization of events of Queen Elizabeth II’s father, illustrates the dramatic impact of telling a small story in order to tell a bigger story. As in *O Pioneers!* By Willa Cather, history comes alive when readers and viewers connect with personal experiences in the midst of world events.

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<td>Tue. 3/14-4/4</td>
<td>11 am-12:30 pm</td>
<td>Campus: CYC Room 122</td>
<td>Dr. Janet Harris</td>
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Janet Harris, Ph.D. has taught literature and writing for over 25 years, coached readers, and writers in pursuing their personal goals, and reviewed books. As an editor, Dr. Harris has guided writers in publishing over 150 books. She teaches literature and creative writing and advises SMU graduate students in completing theses and dissertations. She has retired several times, the first from UT-Dallas.
LITERATURE/FILM/MUSIC (CONT)

Thanks for the Memories: An In-Depth Approach to Memoir Writing

This course teaches students the art of writing their memoirs. We’ll discuss the following: (1) The intended audience for your memoir; (2) Themes that dominate your memoir; (3) Ways to pull readers into your story; (4) How to set up the actual memoir.

Students are encouraged to keep a journal of some type for this class and will be given assignments each week. These assignments are optional. This will be an interactive class where participants are encouraged to share ideas.

Wed. 4/5-4/26 10:30-11:30 am Campus: CYC Room 304
Instructor: Gay Ann Kiser Sessions: 4

Gay Ann Kiser M.Ed. is a retired English teacher. In November of 2020, she published her autobiography title, Take Three, which traces her experiences growing up in the foster care system and the village of people who saved her. She has published eight women’s fiction novels on Amazon under her pen name, Tessa Gray. Her true passion is teaching, and her career has included everything from teaching kindergarten to college students.

The Passion of George Frederick Handel-Hallelujah! (No class 3/8)

Unmatched in three centuries for his brilliant compositions, George Frederick Handel breathed passion, power, and beauty into the world of music. His soaring melodies and glorious choral works still bring joy to listeners around the world. In this course, we will highlight the dramatic story of his life and listen to excerpts of his music. Beethoven said of Handel, “He was the master of us all…the greatest composer that ever lived. I would uncover my head and kneel before his tomb.”

Join us for an experience in great music.

Wed. 3/1 & 3/15 1:30-2:45 pm Campus: CYC Room 318
Instructor: Don Wolman (see biography on page 11) Sessions: 2

The Secret Life of Great Classical Music

We all love music and many of us have loved classical music, but what do we know about its meaning? Is it just flowing and fleeting emotions or is there more? What makes it tick? What is the secret of music—it is full of stories and meaning—always! The secrets are in the structure of the music and in the DNA—the harmonic changes! All masterpieces—new and old—Mozart, Mahler, Martinu—you name it! Come and see and hear for yourself!

Wed. 2/1-2/22 11am-12:30 pm Campus: CYC Room 122
Instructor: Steve Lund Sessions: 4

Steve Lund has taught writing, literature and music classes to adult, university, community college, high school, ESL (and even prison inmate) populations for 42 years. His Opera Society at Lutheran High School of Dallas was featured in the Dallas Morning News. Mr. Lund has also appeared on local radio stations (The Wolf, The Ticket and i93) talking about (believe it or not!) Mozart’s opera, The Magic Flute, and Wordsworth poem about “Tintern Abbey.” He is the author of a book about the James Joyce literary archives at Southern Illinois University and a grammar book entitled, Loving Grammar: Mr. Lund’s Guide to Professional Clamdigging.
**MATH/SCIENCE/TECNOLOGY**

**Intro to Password Vaults, VPN and Antivirus Applications**

Explore personal online-security tools: Last Pass (Password Vault), Virtual Private Network (VPN) software, and Malware Bytes (Anti-virus application). See how effective use of these tools help keep your online identity protected.

**Thur. 4/13 & 4/20 1:30-3 pm**  
Instructor: Daphne Lee  
Campus: CYC Room 228  
Sessions: 2

**More Than an Introduction to Android**

In the Android smartphone, you are driving the most popular mobile phone platform in the world! Do you know how to access all the Google features and tools your smartphone is connected to? From managing Android settings, to messaging features, to advanced cloud storage tools – get the most out of your Android device. Discover features that make the Android a valuable productivity device…from Google Maps to Do Not Disturb – and more!

**Tue. 4/18 & 4/25 1:30-3 pm**  
Instructor: Daphne Lee  
Campus: CYC Room 228  
Sessions: 2

**More than an Introduction to iPhone/iPad (Class A)**

*Sign up for the March OR April course - They are both the same class!*  
Join us for more than the introduction to the Apple phone/tablet...a class where we explore useful search and organization tools to get the most out of your Apple device. From accessing the Control Center to saving content received in iMessage, everyone will learn something. Join us as we explore features of recent updates.

**Tue. 3/14 & 3/21 1:30-3 pm**  
Instructor: Daphne Lee  
Campus: CYC Room 228  
Sessions: 2

**More than an Introduction to iPhone/iPad (Class B)**

*Sign up for the March OR April course - They are both the same class!*  

**Tue. 4/4 & 4/11 1:30-3 pm**  
Instructor: Daphne Lee  
Campus: CYC Room 228  
Sessions: 2

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I teach professionals and individuals how to use technology – mobile devices, smartphones, computers, and peripherals. My students are all “mature” adults. In addition to Microsoft networking certifications, I hope a Master of Science in Instructional Design degree from Boise State University. My goal is to increase individual performance through the effective use of technology. My husband and I have been in the Dallas area for 25 years and we have two beautiful Golden Retrievers.

**The Body’s Journey Through Time**

Let’s begin with the amazing story of how we develop from a single cell to the person we are today. Then let’s talk about some of the inevitable processes of normal aging. However, certain illnesses are more common or more dangerous in older people and important to think about in the SAIL age demographic. With medical knowledge evolving rapidly, let’s discuss the present state and future of our bodies.

**Wed. 3/15-3/29 11 am-12:30 pm**  
Instructor: Dr. Paul Tobolowsky  
Campus: CYC Room 122  
Sessions: 3

Dr. Paul Tobolowsky, M.D. is a retired physician, lecturer, and the author of *Stardust Dancing (A Seeker’s Guide to the Miraculous)*. His special interest is the intersection between science and spirituality. Dr. Tobolowsky enjoys sharing his extensive medical knowledge and participating in lively discussions with the SAIL students.

This three-part lecture examines the devastating impact the first world war had on the nation’s states and societies of the Middle East. More specifically, it examines a series of key events that took place in the Middle East in 1917 that would not only lead to the creation of the nation of Iraq, but also alter relations between the Western Powers and those countries of the former Ottoman Empire. This was felt in the immediate aftermath as well as in the legacy that continues today in the political, economic, social, cultural, scientific, and technological spheres. More specifically, these lectures examine the role petroleum played during the first world war in altering geopolitical relations between European powers, emerging nationalities in the Middle East and sectarian divisions that led to in-cohesive and ill-conceived rebuff to Britain, France, and the United States.

Fri.  2/3-2/17  3-4:30 pm  Campus: CYC Room 122
Instructor:  Dr. John Williams  Sessions: 3

Dr. John P. Williams is a full-time instructor at Collin College Central Park Campus in McKinney. Prior to his teaching career, he worked in the corporate world as an information analyst and served in the United State Marine Corps. Dr. Williams's education background includes an A.A. degree in Paralegal Studies, a B.A. degree in History, an M.A. in Teaching, and a Master's in Liberal Arts. He recently finished his Ph.D. at the University of Texas at Dallas in 2020, which focused on Immigration to America, the First World War and the Lost Generation, and Nazi Germany and Holocaust. Currently, he is working on his first book and hopes to have it published in the spring of 2024.

SOURCE:  www.dearprofessor10.com

Archaeology – The Eyes of the Ancient Egyptians Open to the Possibilities

The course begins with a review of the previous semester, and then proceeds to examine (1) the age of the Pyramids; (2) surprised from the Middle Kingdom; (3) Egypt's division (again) – the Second Intermediate Period; (4) the biblical Joseph in Egypt; (5) reunification and rise of the New Kingdom; (6) the glorious Eighteenth Dynasty; and (7) Egyptian Queens, Pharaohs, and Heretics. Was there really a “dark age” in ancient Egypt?

Mon.  2/6-2/27  1:30-3 pm  Campus: CYC Room 122
Instructor:  Dr. Stephen Von Wyrick  Sessions: 4

Stephen Von Wyrick holds a Ph.D. degree in Old Testament and Archaeology. He participated in post-doctoral studies at Brown University, Hebrew University (Jerusalem), Hebrew Union College (Jerusalem), and University of Oxford (England). He has worked as a staff archaeologist on several excavations in Israel from 1979 to 2014. He has made 75+ trips as a lecturer and archaeologist to Israel, Egypt, and Jordan since 1979. Additionally, he held an appointment as Senior Research Fellow at the Wm. F. Albright Institute of Archaeology in Jerusalem. He held the rank of Professor and served as Chair of the Department of Religion at California Baptist University and then the University of Mary Hardin-Baylor. At UMHB he was also the Director of the Middle East Studies Program.

Body Works 101: The Special Sense of Vision (Choose ONLINE or ON CAMPUS)

Vision is one of the five special senses we use to detect and experience our environment. Vision utilizes light (photon) sensitive cells and specialized structures, within our eyes, to form images of our environment. The meaning of these images is dependent upon our experiences and memories stored in our brains.

This course will cover the basics of how our eyes detect and process photons into messages that our brain can interpret as well as the visual processing centers within the brain. Additionally, this course will discuss issues associated with vision and the age progression of vision.

Tue.  2/7 & 2/14  10-11 am  Campus: CYC Room 122 or ONLINE
Instructor:  Dr. Nicole Grose  Sessions: 2

Nicole Grose, Ph.D. is a retired Anatomy and Physiology professor. Her doctorate degree is in Cell Physiology, and she has taught multiple courses in biology, anatomy, and physiology. Nicole has lived in Collin County for 24 years and enjoys teaching classes for Collin College’s SAIL program.
Opera: It's Not as Bad as It Sounds!

An introduction to the opera world via three of its most famous productions. We'll listen to selections from "Carmen" by Bizet. Carmen is the hit parade opera. You'll recognize many of the tunes. They are found in movie scores, video games, and commercials to name just a few. You'll hear parts of "The Coronation of Poppea" by Monteverdi. This one comes from the 1600's and is the second opera ever written. This kind of musical characterization and development won't be seen until Mozart's operas over a hundred years later. Poppea herself is an amazing musical construction at once stone cold and sizzingly sensual. Finally, we will listen to selections from "The Barber of Seville" by Rossini. Again, most people will recognize the signature tune. The opera itself is pure screwball comedy manipulated by the infamous Barber. Be prepared to have a lot of fun!

Fri. 2/3-2/17 11 am-12:30 pm  Campus: CYC Room 229
Instructor: Diana Walker (*New instructor)  Sessions: 3

Instructor: Diana Walker has a bachelor's degree from Oklahoma City University and a master's degree from Northwestern University. Both degrees are in piano performance. During the past 30 years, she has chaired a piano department at the university level and taught for community colleges. Diana has served the church community as pianist, organist, and choir director. She has arranged orchestral scores, put together chamber music concerts for radio and TV and has been a competition judge. Her students have won competitions and earned advance degrees.

Rage Against the Machine: The Birth of the Free Speech Movement, Berkeley, 1964

This three-part lecture examines the social turmoil of the 1960’s, which centered on issues related to the battle over power. Those most impacted by this decade-long struggle were college students, young blacks, members of the New Left, and hippies who believed that power should flow from the bottom up and not from the top down. To better understand this struggle over power, one must return to the University of California at Berkeley during the fall term of upheaval that made the 1960’s a unique and colorful period of American history. We will look at the origins and contributions of the Freedom of Speech Movement (FSM) at the University of California, Berkeley (Sept.-Dec. 1964) that led to widespread social activism on other college and university campuses throughout the United States.

Fri. 3/17-3/31 3-4:30 pm  Campus: CYC Room 122
Instructor: Dr. John Williams (see biography page 16)  Sessions: 3

The American Jewish Experience

This three-part lecture series examines the Jewish experience in America from the colonial period to the present. Themes and topics to be explored include Jewish immigration to the Americas (three waves), the transformation of European Jewish social, cultural, intellectual, religious, political, and economic identities into American Jewish identities; and the American Jewish experience through literature.

Fri. 4/14-4/28 3-4:30 pm  Campus: CYC Room 122
Instructor: Dr. John Williams (see biography page 16)  Sessions: 3
ONLINE

12 Women Who Shaped America

History all too often overlooks the invaluable contributions of women. United States history is certainly no exception to this pattern. Museums, documentaries, historical sites, and even textbooks omit essential parts of the whole picture, because they leave out her story.

Please join us for this eye-opening course and learn about 12 of these amazing American women who have helped to shape our country.

Tue. 2/7-2/28 11 am-12:45 pm ONLINE
Instructor: Dr. Herb Weinstein

Herbert Weinstein, Ph.D. received his B.S. from Tufts University and a Ph.D. and Sloan Postdoctoral Fellowship at Princeton University in Chemical Engineering. After a 32-year career in industry and as a private consultant doing oilfield research, adjunct teaching at colleges and private tutoring, he chose to enter secondary education. Herb has taught math at all levels and fundamentals of computer programming at Yavneh Academy, The Hockaday School and Parish Episcopal School and is now retired after 13 years of secondary education. “I did some great things in industry, but I feel that as a teacher, I have done even greater things; making a major difference in the lives of my students-students of all ages!”

Buddhist Philosophy

What is the Buddhist Philosophy and what can we learn from this to help in our everyday lives? We are going to discuss practical ways of applying teachings to move through life with more serenity and wisdom.

Mon. 1/30-2/2 4-5 pm ONLINE
Instructor: Sarita Malhotra

Sarita Malhotra is a Certified Personal Trainer with a special focus on nutrition and gentle yoga. She holds a B.S. in psychology from UTD. Sarita has a passion for healthy cooking and eating and is an advocate of a healthy lifestyle for both mind and body. She practices mindfulness meditation on a regular basis and teaches practical techniques for stress management.

European Theater WWII

This will be a four-part discussion of the European Theater of Operations (ETO) during WWII.

Part 1: The Nazi onslaught and expansion
Part 2: Operations in North Africa
Part 3: The Eastern Front
Part 4: The Defeat of Nazi Germany

Mon. 3/13-4/3 1:30-3 pm ONLINE
Instructor: Col. JP Hogan (Ret.)

JP Hogan, COL-S Army (Ret) served as Armor and Cavalry officer in a variety of leadership positions for 29 years. JP is a graduate of Eastern Michigan University (B.S.), Shippensburg University (Master of Public Administration), and The United States Army War College (Strategic Studies). He is the co-founder and visionary for How2Lead.US, LLC, an experiential leader training and development company. In addition to offering Leader Development services to commercial enterprises, JP and his team support Army and USAF ROTC program leader development efforts on a pro bono basis.
Geologic Hazards: Part 1 - Volcanos

Our earth has had a tumultuous past with many violent geologic processes acting on it to shape the Earth as we see it today. But are those processes dead or are they still working beneath our very feet? And if they are, how devastating will they be to us in the 21st century?

In **Part 1**, we will review the mechanisms behind volcanoes and the history of some of the most intense volcanic episodes across geologic time.

**Mon. 2/6-2/20**

Instructor: Greg Indelicato

**Sessions: 3**

Geologic Hazards: Part 2 – Earthquakes and Impacts

Our Earth has had a tumultuous past with many violent geologic processes acting on it to shape the Earth as we see it today. But are those processes dead or are they still working beneath our very feet? And if they are, how devastating will they be to us in the 21st century?

In **Part 2**, we will review the mechanisms behind earthquakes and cosmic impacts, as well as the history of some of the most intense episodes that have affected the Earth across geologic time.

**Wed. 3/15-3/29**

Instructor: Greg Indelicato

**Sessions: 3**

Landmark U.S. Supreme Court Decisions of the 19th Century

The United States Supreme Court is perhaps the most powerful of the federal government’s branches. Throughout its history, the court has had a significant influence over the development of the nation’s political, social, and economic structures. This course will examine four landmark rulings made by the U.S. Supreme Court in the 19th-century that shaped (for good and bad) American history. The four cases include: *Marbury v. Madison* (1803), *McCulloch v. Maryland* (1819), *Dred Scott v. Sandford* (1857), *Plessy v. Ferguson* (1896).

**Fri. 3/17-4/7**

*4/7 is a Collin College holiday, but this online class will still meet.*

Instructor: Dr. Matthew Hamilton

**Sessions: 4**

"Make it New": Innovation and Early Twentieth Century Poetry

This lecture will explore well-known poets, their poetry, and the movements that made them famous. We will discuss a selection of poems and the irony that making something new is a very old idea. The talk will focus on poetry published from 1913-63, including works from movements like Imagism, the Harlem Renaissance, and the Beat Generation.

**Tue. 2/28**

Instructor: Dr. Scott Cheney (*New instructor*)

**Sessions: 1**

Scott Cheney received his Ph.D. in Modern Literature and Culture from Loyola University Chicago in 2014, where he wrote his dissertation: "Anthologizing Modernism: New Verse Anthologies, 1913-53." He has been teaching in higher education since 2003, started teaching full-time at Collin College in 2012, and began teaching for the iCollin Virtual Campus in Fall 2021. Scott enjoys trail running, backpacking, and camping with his family.
**ONLINE (CONT.)**

### Mathematics from the Visual World

Our visual and tactile experiences in the world present us with shapes, patterns, and forms that have intrigued human beings for millennia. These are the sources of our geometrical understanding of the world and have enabled us to create beautiful ideas and art. During this course, we will present a number of intriguing topics that reveal the rich, wondrous structure of what we see around us. Moreover, we will do NO actual math, but we will have an amazing opportunity to sit back and marvel at what mankind has been able to create through the power of mind!

**Thur. 2/9-3/2 11 am-12:45 pm**

Instructor: Dr. Herb Weinstein (See biography page 18)  
Sessions: 4

### Spring Clean Organization Skills to De-Clutter

Maintaining our homes and our busy lives goes beyond basic tidying and personal organization. Taking a consistent, seasonal inventory of what has accumulated in our closets, cabinets, and corners is the best way to ensure we aren’t hanging on to items and belongings that no longer serve us. Join professional organizer and health and wellness expert Kira Rodenbush as we leap forward into spring with some solid tips and tricks to manage household excess. We will be exploring the different types of clutter, from paper piles to hobbies on hold, and we’ll even dive into digital clutter, with suggestions and plans to streamline our systems for maximum enjoyment of our spaces.

**Tue. 4/11 & 4/18 11 am-12:30 pm**

Instructor: Kira Rodenbush  
Sessions: 2

Kira Rodenbush is a home and health consultant who helps clients get real about their stuff, their habits, and how to create a routine that brings results. With 25+ years as a professional home organizer and 20 years as a massage therapist, Kira discusses the overlap between our bodies and our belongings on her podcast, "What’s Up with Your Stuff? Conversations on the Consequences of Clutter".

### The Science of Being Well

The science of being well is a course designed to challenge your concept of happiness and to help you build more productive lifestyle habits. We will learn about specific wellness activities that can help you achieve peace and tranquility, as well as understand certain obstacles your mind may be putting in your way.

**Sat. 2/4-3/4 8:30-9:30 am**

Instructor: Sarita Malhotra (see biography page 18)  
Sessions: 5

### The War of Regulation – British and Colonial American Relations Leading to the American Revolution

This course will examine the period of 1754 – 1776 and focus on the deteriorating relationship between England and its American colonies. There will be a special focus on how the interactions of these two groups led to the American colonies declaring independence.

**Fri. 2/3-2/17 9:30 -10:30 am**

Instructor: Dr. Christopher Redgraves (*New instructor)  
Sessions: 3

Dr. Redgraves has been teaching U.S. History for 8 years and is currently working on a book discussing African American soldiers in the Philippine War.
Scams, Swindlers & Scoundrels!
Frauds and Scams and How You Are Being Targeted.

Tue., February 7 & 14
1:30-3:00 p.m.
Courtyard Center Room 122

This presentation will cover various frauds and scams that all U.S. consumers fall victim to every year using actual cases and news stories. Topics will include check forgery, credit card fraud, identity theft, financial exploitation of the elderly, phone scams, wire fraud, home repair scams, fortune tellers, lottery scams, sweet heart swindles, mail theft, email scams, and more depending on the time and attendees’ feedback during the presentation.

Michael is 28-year retired veteran of the Dallas Police Department. He served in uniformed patrol as a field training officer for new recruits from the academy. Michael also worked in community policing and ran a program called LEAPS to foster better working relationships with the private security industry. Michael was assigned to the financial crime’s unit as a detective for 8 years and investigated credit card fraud, forgery, identity theft, senior fraud, and other financial crimes cases. He attained his master police officer certification along with a state certified TCOLE instructor certification. He has been active in consumer rights affairs regarding fraud and testified in the Texas state legislature in 2008 on an identity theft related bill. Michael is a certified Toastmaster and constructed and performed numerous fraud related presentations for law enforcement and community groups. Michael is a 3-year veteran of the U.S. Army. He is an active hiker and fishermen in his spare time. After traveling around the country with his wife, Michael hired on with the Collin County College Police Department in 2021.
This lecture will explore the complex factors that led to the Great Depression and how the music of the time reflected the desperation, hopes, and aspirations of those who lived during this challenging time.

Wed., February 15  2:30-3:30 p.m.
Courtyard Center Room 122
CREATIVE MODIFICATIONS TO MAKE YOUR HOME SAFE & COMFORTABLE LONG TERM

Learn from an expert how to live independently in your home…

as long as you want!

Adam Mandel, MBA, founded Independent Living Design (ILD) in 2010 to create safe, accessible, and beautiful home modifications that allow older adults to remain comfortably in their homes. He has extensive experience in residential remodeling projects and additions and is a Certified Aging in Place (CAPS) specialist.

Fri, February 24: 10am – 11:30am
Courtyard Center Room 122

Leslie Farin, MPH is the Founder and Publisher of 50PlusToday, a top-rated online lifestyle magazine and directory for individuals age 50Plus and their families. Her magazine provides inspiring and educational information and resources focusing on a wide variety of topics including accessibility, relationships, health and wellness, finances, travel, caregiving, living options and so much more. She firmly believes, as her tagline states, that “Your Second Act Can Be as Good, If Not Better Than Your First!” FREE to subscribe at https://50plus-today.com/!
PAUL DOLLIVER

Where Did Science Come from and Why is it So Powerful?

Mr. Dolliver will answer two big questions:

"How does science work and why is it so effective?"

"Why did it take so long for science to be embraced as a means of investigating nature?"

Thur., April 6 12:30 a.m.- 2 p.m.
Courtyard Center Room 422

Paul Dolliver earned degrees in History and Geology from Baylor University. He also pursued graduate studies in the History of Science at Harvard University. He is a geologist, Texas Master Naturalist, reader, walker, and frequenter of art museums. Paul currently teaches courses at Collin Hill, and Dallas colleges.
BERNADETTE STORY

Motown: An Inside View from the Wife of a Song Writer and Producer!

Join me as we go back in history and get a real inside look at the people that built Motown. We will go online for clips of TV shows and movies featuring my husband, Allen Story’s songs. We will also travel down memory lane with a slide presentation of memorable Motown star pictures.

WED., APRIL 12  1:00 – 2:30 pm
Courtyard Center Room 122
Dive Into the Art Market: The Most Expensive Paintings in the World

Have you ever wondered why an artwork can sell for hundreds of millions of dollars? This class will examine the most expensive paintings in the world by artists such as Picasso, Leonardo, Rembrandt, and others. We will discuss what makes an artwork valuable and consider the potential manipulation of the art market.

WED., APRIL 19  10:30 - noon
Courtyard Center Room 122
My name is Carol Marak, Author, _SOLO and SMART, A Roadmap for a Supportive and Secure Future_. I helped my parents with their elder care needs and aging issue, like many family caregivers do. Once my parents died, it occurred to me that I have no one to assist me with the things my sisters and I helped our parents with. That’s when I got on the stick and created my own life plan.

Whether a person is single, divorced, married, or widowed – each needs a plan, and I am going to show you how to create one.

Monday, April 24
10:30 am – 11:30 a.m.
Courtyard Center Room 122

We will be giving away a FREE copy of Carol’s book, but you must be present to win!

https://sololivingcoach.com/
FREQUENTLY ASKED QUESTIONS

*Are there requirements to join SAIL?
If you are 55 or over and enjoy learning and meeting new people, you qualify!

*What types of classes are offered and who teaches the SAIL classes?
History, literature, art appreciation, current events and lifestyle interests are just a sampling of the classes offered in SAIL. The SAIL instructor community includes talented presenters, college professors and business leaders with categorical expertise.

*What is included in my SAIL membership?
SAIL members can register for up to (7) on campus classes and unlimited online classes for $100.00 per member. Guest Speakers and Free Informative Classes are free as part of your SAIL membership.

*Do I need to have a degree to join the SAIL program or do I need to live in the area?
No degree is required, the only requirement is a passion for learning and enrichment! There is no geographic restriction on taking SAIL classes. Members take SAIL Far and Wide

*When are SAIL classes held?
SAIL classes are conveniently held Monday-Friday between 9:30 a.m. and 4:30 p.m. Collin College parking is free!

*Where are SAIL classes held? Campus locations may vary by semester. Please be sure to check current schedule.
- Courtyard Center
  4800 Preston Park Blvd., Plano, TX  75093
- Collin Higher Education Center
  3452 Spur 399, McKinney, TX  75069
- Wylie Campus
  391 Country Club Road, Wylie, TX  75098
- Celina Campus
  2505/Trinity Parkway, Celina, TX  75009
- Farmersville Campus
  501 S. Collin Parkway, Farmersville, TX  75442

*Can I drop in on a class that I am not registered for?
Classroom seat counts are based on fire code regulations. Please do not DROP IN to a class that you are not registered for. Contact the SAIL office to see if there is seat availability in that class and we will happy to add you to the class roster.

*Can I add courses if I haven’t registered for all of my classes at the same time?
Yes! Contact the SAIL office and we can add your course request, based on seat availability.

*Can I be “wait listed” for a closed course?
Absolutely! If you tried to register for a class that is closed, notify the SAIL office and we will add you to the waitlist. You will be contacted by phone or email when a space becomes available.

*If I arrive late for my class, will my seat be available?
Please arrive early or on time to secure your seat. We are not able to guarantee your seat for a full class if you arrive late.

*If there is a class cancellation or change to a class that I registered for, will I be notified?
Sometimes, we may have a change or emergency cancellation on a class. If you are registered for that class, we will email you as soon as we can, so please check you’re your emails! Registered members may attend another course of their choice, based on seat availability. Contact the SAIL office for any questions.

*Can I bring a guest to a SAIL class?
Definitely! A current member can bring one guest per semester to join you in a class if an extra seat is available. Please contact the SAIL office at 972-985-3788 prior to bringing them to class to verify seat availability.

*Can I suggest a class and are there volunteer opportunities?
Yes! We rely on our membership to keep the “sails” running smoothly. Email the sail office sail@collin.edu or call us, 972-985-3789. We have various positions to fit your style and know your time is valuable. We are happy with any time offered.

*Are there refunds for SAIL membership?
Sorry, there are no refunds for SAIL memberships after the semester begins.
IN THE KNOW……

Classroom and Online Courtesy
Please be respectful and polite to your instructors and classmates. We are all here to learn, even if we have different opinions!

Be sure you are on time for your classes and if it is an **ONLINE CLASS**, **mute your mic** when you join and **ON CAMPUS CLASSES**, **mute your cell phone** when you enter the classroom.

Class Cancellations/Changes/Campus Closures
If a class needs to be cancelled or changed, we do our best to notify the students that **registered** for the class as quickly as possible. A replacement class of your choice can be added, based on space availability. Please contact the SAIL office to add your name to the roster. Changes will also be posted on the SAIL bulletin board at the Courtyard Center in Plano.

*If there is a college wide emergency or closing due to inclement weather, check the college website, www.collin.edu or the SAIL website, www.collin.edu/sail for details.*

Campus Classroom Food & Drink Reminder
Please be considerate to other students and **do not bring food** in to the classrooms (*unless it is a designated Lunch & Learn course*). It can be messy and distracting to those around you. Students are welcome to bring a lunch or snack and visit one of the campus student lounges.

We recommend students bring sweaters to class as the classroom can get a bit chilly in the summer months and chilly in the winter months.

Parking
Parking is free at Collin College! We recommend that you come early for your class to secure your preferred spot.

Please note that parking spaces fill up fast. Collin College does provide handicap parking, but these spots fill up fast as well. Please be aware that the Courtyard Center parking garage does not have an elevator.

SAIL Website and Facebook
Stay on top of the latest with SAIL by going to the Collin College SAIL website or Facebook page:

*Website:* www.collin.edu/sail  
*Facebook:* www.facebook.com/CollinCollegeSAIL

Lost and Found?
If you have left something behind, contact:

**Courtyard Center (CYC)** – SAIL office-Ste. 116 (972) 985-3788 or 3789, Registrar's office (972) 985-3788
**Celina Campus**

2505 Kinship Parkway  
Celina, TX  75009  
469.905.3590

The 96,000 square foot facility sets on approximately 75 acres, the Celina Campus provides a quality education experience for northwestern Collin County. The 96,000 square foot facility is designed to accommodate 2,500 students. The building includes 16 classrooms, 5 computer labs, 3 science labs, and a health science workforce lab. Student support for the campus includes the Brenda Willard Goodell Library, and Anthony Peterson Center for Academic Assistance (tutoring), a career center, a testing center, a bookstore, and all student and enrollment services functions.

**Collin Higher Education Center**

3452 Spur 399  
McKinney, TX  75069  
972.599.3100

The Collin Higher Education Center was created to provide a unique, multi-institutional higher education experience to area students. Five universities offer a variety of bachelor’s, master’s, and doctoral degrees in one convenient, local university center. Texas A&M University-Commerce, Texas Woman's University, The University of Texas at Dallas, The University of North Texas, and Texas Tech University have partnered with Collin College to offer numerous services and amenities to support students, including on-site advising and admission assistance, wireless internet, computer labs, study areas, free and secure parking, and a student lounge.

**Courtyard Center**

4800 Preston Park Boulevard  
Plano, TX 75093  
972.985.3790

The Courtyard Center is conveniently located in Plano and houses Collin’s Scholars Active in Learning (SAIL) the Continuing Education and Workforce Development department, the Center for Workforce and Economic Development (CWED), Collin Corporate College, Health Sciences and Collin Small Business Development Center (SBDC).

**Wylie Campus**

391 Country Club Road  
Wylie, TX  75098  
972.378.8790

Sitting on just under 100 acres, with approximately 44 acres donated by the city of Wylie, the new Wylie Campus is located along Country Club Road across from the Wylie Municipal Complex. Phase one of the Wylie Campus development includes three multi-story instructional buildings that function as the Library, Campus Commons, and Student Center with conference center facilities.

[https://www.collin.edu/campuses/collinDistrictMap.pdf](https://www.collin.edu/campuses/collinDistrictMap.pdf)
SPRING 2023 ART SUPPLY LIST

BASIC DRAWING
Anticipated Cost: $10.00

- Sketchbook
- Set of Drawing pencils
- Eraser
- Smudge Stick

Casual Build Your Skill Acrylic Painting
Anticipated Cost: $25.00

- (5) Canvas boards or canvases 12x16 or 16x20
- Basic Acrylic paint set – Red, Deep yellow, green, blue, black & white, burnt umber, raw sienna.
- Basic brush set - at least (5) different types/sizes (1-1” wide flat)
- Paper plates or palette paper (for palette)