SUMMER 2020 Schedule

SAIL Program, Collin College
4800 Preston Park Blvd., Plano, TX 75093
Visit our website at www.collin.edu/sail
Office: 972-985-3789

SAIL is an educational program operated by and for individuals 55 years of age or better under the sponsorship of Collin College Continuing Education.
WHAT IS SAIL?

SAIL (Seniors Active in Learning) is a lifelong learning program sponsored by Collin College for 55 years of age and older.

SAIL was modeled after the Elderhostel Institute Network (now Road Scholar) in 1996 and was started by Collin College, President, Dr. John Anthony, and Margo Ford, Director of Business and Community Relations. The sole purpose of SAIL was and continues to be providing interesting and exceptional lifelong learning courses.

The SAIL program provides members and instructors the opportunity to participate in study, discussion and social interaction. The SAIL program is also proud to participate and provide two annual scholarships to undergraduate Collin College students to help pursue their studies.

We offer classes in the fall, spring and summer, along with free Guest Lecturers. Parking is free!

FREQUENTLY ASKED QUESTIONS

*Are there requirements to join SAIL?
If you are 55 or over and enjoy learning and meeting new people, you qualify!

*What types of classes are offered and who teaches the SAIL classes?
History, literature, art appreciation, current events and lifestyle interests are just a sampling of the classes offered in SAIL.
The SAIL instructor community includes talented presenters, college professors and business leaders with categorical expertise.

*Do I need to have a degree to join the SAIL program?
No degree is required, the only requirement is a passion for learning and enrichment!

*Is there a county restriction to join the SAIL program?
There is no county residence restriction for SAIL members.

*SAIL Summer 2020 classes run for the month of June and will be held online.

*If there is a class cancellation or change, will I be notified?
Sometimes, it is necessary to cancel a class due to a change, emergency or low enrollment. If you have registered for that class, we will email you as soon as we can, so please check you’re your emails! Registered members may join another online course of their choice. Contact the SAIL office for the online link.

*Can I suggest a class and are there volunteer opportunities?
Yes! We rely on our membership to keep the “sails” running smoothly. Email the sail office (sail@collin.edu) or call us, 972-985-3789. We have various positions to fit your style and know your time is valuable. We are happy with any time offered.

Please note that there are no refunds.
DROP YOUR ANCHOR

SAIL Office
Courtyard Center
972-985-3788

Mailing Address
Collin College Courtyard Center
Seniors Active in Learning
4800 Preston Park Blvd. Ste.116
Plano, TX  75093

E-mail
sail@collin.edu

Website
www.collin.edu/sail

Collin College Seniors Active in Learning

SAIL Crew:
Dr. Bill L. King    Vice President/Provost Technical Center and Courtyard Center
Karen M. Musa    Executive Dean-Courtyard Center
Linda Wee        Director-Continuing Education-Courtyard Center
Sherry Scamardo Manager-SAIL Program-Courtyard Center
Volunteers        Our countless volunteers that assist!

SAIL Campuses:
Courtyard Center 4800 Preston Park Blvd., Plano, TX  75093
Collin Higher Education Center 3452 Spur 399, McKinney, TX  75069
Frisco Campus 9700 Wade Blvd., Frisco, TX  75035
Wylie Campus 391 Country Club Road, Wylie, TX  75098

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SUMMER 2020 REGISTRATION INFORMATION

Membership Cost for Summer 2020 courses $20.00

Number of Courses I Can Take Unlimited Virtual Learning Classes

When Does Registration Begin? May 18

When Do Classes Begin? June 1

How Do I Sign Up? See registration options below

Registration Options

1. Register online, and pay online by credit card
   www.collin.edu/sail
   We accept VISA, MasterCard, and Discover

2. Register online, and pay by telephone to Bursars Office Courtyard Center at 972-985-3724 (Bursar office hours are limited) for payment calls or call the SAIL office (see office hours for payment calls)
   (please provide the 5-digit registration number when you call)

   Bursar Office Hours-Calls Only (payments)
   Limited Hours

   SAIL Office Hours-Calls Only (payments or registration assistance.)
   5/18 – 20  8-1:00 p.m.
   5/25 – 27  8-1:00 p.m.

3. Mail your completed registration form with check (payable to SAIL) to:
   Collin College (SAIL)
   4800 Preston Park Blvd., Suite 116
   Plano, TX  75093

SAIL Tip: If you have registered successfully online, the system will generate a 5-digit registration number.

SAIL Tip: Choose your classes before you register, so the system doesn’t time out on you!

SAIL Tip: Classes are online this summer and the virtual link for the class you registered for will be email to you. If you don’t have internet, a phone number will be provided to call in and listen to phone.

SAIL Tip: Summer classes will be online through Zoom video-conferencing. A Zoom link for your class will be emailed to you. You will be prompted to download the Zoom application (only needed once per device or computer).

We occasionally use photos of SAIL classes on our website and Facebook sites. Please let us know if you would like to opt out of your photo being used.
<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>PAGE(S)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACTING/LITERATURE/FILM/MUSIC</td>
<td>1</td>
</tr>
<tr>
<td>Great Books Discussion Group</td>
<td></td>
</tr>
<tr>
<td>Short Stories of Sholom Aleichem</td>
<td></td>
</tr>
<tr>
<td>AGING/HEALTH/LIFESTYLE</td>
<td>2</td>
</tr>
<tr>
<td>The Immune System!</td>
<td></td>
</tr>
<tr>
<td>Personal Disaster Preparedness</td>
<td></td>
</tr>
<tr>
<td>Unmasking the Mysteries of Medicare</td>
<td></td>
</tr>
<tr>
<td>ARTS/ART HISTORY</td>
<td>3</td>
</tr>
<tr>
<td>Paint with Me! Online Paint Along Class</td>
<td></td>
</tr>
<tr>
<td>DISCUSSION</td>
<td>4,5</td>
</tr>
<tr>
<td>“Biases-What Are They?”</td>
<td></td>
</tr>
<tr>
<td>Fraud All Around Us—That’s Fraud 2</td>
<td></td>
</tr>
<tr>
<td>Globalization: It’s Bliss and Discontents</td>
<td></td>
</tr>
<tr>
<td>On the Outside Looking In</td>
<td></td>
</tr>
<tr>
<td>Really Smart People</td>
<td></td>
</tr>
<tr>
<td>HISTORY</td>
<td>6</td>
</tr>
<tr>
<td>Bearing Witness: The Camp Liberations in Germany, 1945</td>
<td></td>
</tr>
<tr>
<td>The History of Voting</td>
<td></td>
</tr>
<tr>
<td>Manifest Destiny-America Moves West</td>
<td></td>
</tr>
<tr>
<td>MATH/SCIENCE/TECHNOLOGY</td>
<td>7</td>
</tr>
<tr>
<td>Introduction to Geology</td>
<td></td>
</tr>
</tbody>
</table>
Great Books Discussion Group
The Great Books Foundation was established 70 years ago to foster respectful, open discussions of enduring literature. Three short readings average 16 pages and include works by Szymborska, Foucault, and Lahiri. One long reading is the novel Jane Eyre by Emily Bronte.

Wed.  6/3-6/24  11:30-1 pm  Campus: Zoom Online Learning
Instructor: Paul Dolliver  Sessions: 4

Link to be provided
*See Great Books titles list at end of schedule
Limited 25 students

Short Stories of Sholom Aleichem
We will read and discuss three stories from Sholom Aleichem in the setting in which they occurred.

Tue.  6/2-6/23  11-12:30 pm  Campus: Zoom Online Learning
Instructor: Sonia Meltzer  Sessions: 4

Link to be provided
If you would like to watch “Fiddler on the Roof”, please click on the link below to stream free.
https://vikv.net/watch/fiddler-on-the-roof-1971/

Photo shared by Mary W.
AGING/HEALTH/LIFESTYLE

The Immune System!
What is it? Where is it? How can we take care of it, so it takes care of us?
Fri.  6/5-6/26 11:30-12:30 pm  Campus:  Zoom Online Learning
Instructor:  Sarita Malhotra  Sessions: 4
Link to be provided

Personal Disaster Preparedness
When disaster strikes, it may be days before emergency services arrive in your neighborhood. The purpose of this class is to keep you informed on the best way to handle this. You will receive valuable information on family preparedness plans, emergency kits, fire/earthquake safety, terrorism, radiation, pandemics, cyberterrorism and much more. Learn about opportunities and resources to improve or start you on your disaster preparedness and emergency skills!!
Mon.  6/15 & 6/29 12-1:00 pm  Campus:  Zoom Online Learning
Instructor:  Flora Brands  Sessions: 2
Link to be provided

Unmasking the Mysteries of Medicare
Medicare is not that mysterious if you understand a little about the system. Our course will cover the A,B,C;s & D’s of Medicare. If you have a Medigap in knowledge, we will attempt to Supplement what you understand along with helping you create a healthy care plan strategy that is to your Advantage. You’ll laugh, you’ll cry, you’ll have fun! Really, it’s government health care and how fun is that?
Thur.  6/4-6/18 1:30-2:30 pm  Campus:  Zoom Online Learning
Instructor:  Andy Brooks  Sessions: 3
Link to be provided
Paint with Me! Online Paint Along Class

In this online class, I will lead you in completing a beautiful painting each class! Everyone will paint the same painting, similar to the classic Bob Ross painting shows. I will lead you step by step! To join lessons, you simply click on a link I will email to you prior to class, which will get you in the painting webinar from any computer or tablet with access to the internet.

This class is offered (2) days per week to give members the opportunity to join. It will be the same class, so please sign up for (1) day only.

Tue. 6/2-6/23 1-2:30 pm  Campus: Zoom Online Learning 
Sessions: 4

Thur. 6/4-6/25 1-2:30 pm  Campus: Zoom Online Learning 
Sessions: 4

Instructor: Christine Smith

*See student supply list at back of schedule

Photo shared by Marcia W.
DISCUSSION

“Biases—What Are They?”
Bias means a strong inclination of the mind or a preconceived opinion about something or someone. A bias may be favorable or unfavorable. Let's explore a few!

Fri. 6/5-6/26 1:30-2:30 pm Campus: Zoom Online Learning
Instructor: Sarita Malhotra Sessions: 4
Link to be provided

Fraud All Around Us—That’s Fraud 2
A continuing discussion of fraud from “Fraud All Around Us” with more examples and cases to analyze. We will review the elements of fraud and uncover more schemes and gouging practices. No problem if you did not take Fraud All Around Us last fall, as you will be able to jump in at any point. Perhaps some of you have been watching “McMillions” about the McDonalds Monopoly games. We will analyze that, as well as other “rigged” programs, “fake” businesses, and “fly-by-night” schemes, along with how people are caught perpetuating these fraudulent practices on the public. We will also look at schemes popping up with COVID-19.

Mon. 6/1-6/15 10-11:00 am Campus: Zoom Online Learning
Instructor: Ted Ogilvie Sessions: 3
Link to be provided

Globalization: It’s Bliss and Discontents
What is globalization? What has been the role of the U.S. in the globalization process? The course will examine these questions in light of international trade and investment, transportation and communication, and trans-national crimes and pandemics.

We will assess the benefits and discontents of globalization.

Fri. 6/5-6/26 10-11:30 am Campus: Zoom Online Learning
Instructor: Dr. Lishan Desta Sessions: 4
Link to be provided
DISCUSSION (CONT.)

On the Outside Looking In

We all have ideas and perceptions of how we would run things if we were in charge. Some of this is based on prior experiences and some purely on personal opinion. In this class, we will explore real situations and hypothetical scenarios to determine the best solutions to the task being discussed. The ideas may be serious or humorous and may be class generated. Some of your ideas may even be passed along to the real people in charge!!

Tue. 6/2-6/16 1:30-2:30 pm Campus: Zoom Online Learning
Instructor: Stuart Sax Sessions: 3
Link to be provided

Really Smart People

Smart People—what are their stories? Were they born smart or did they blossom gradually? Did they have a sudden moment of enlightenment? Did they have to struggle against the establishment, or did they just make the best of their opportunities? We will examine how some of the history’s best (and least) known brilliant people achieved great things. We’ll trace the intellectual development of thinkers like Enrico Fermi, Vera Rubin, Isaac Newton, Yvonne Brill and Dmitri Mendeleev, plus some of the promising young thinkers of today.

Wed. 6/3-6/24 10-11:15 am Campus: Zoom Online Learning
Instructor: Don Wolman Sessions: 4
Link to be provided

Photo shared by Steve K.
Bearing Witness: The Camp Liberations in Germany, 1945

In April of 1945, American troops entered Ohrdruf, a subcamp of Buchenwald, and liberated the people who the Nazis had held captive. In doing so, these soldiers became witness to one of the greatest atrocities’ humanity has ever known. Dwight Eisenhower, General and future U.S. President, urged all his men to record what they saw lest propaganda denied their witness. Examine this watershed event with the Educator of the Eisenhower Birthplace State Historic Site in conjunction with the exhibition, “The Texas Liberator Project.” by the Texas Holocaust and Genocide Commission.

Wed. 6/17 & 6/24 1-2:00 pm
Instructor: Robin Cole-Jett
Campus: Zoom Online Learning

The History of Voting

What do you want to know about voting? This class will cover the history of voting past and present. We will discuss current voting practices, particularly in Texas. We will answer questions about polling locations and “vote centers,” details about absentee and vote-by-mail procedures, what provisional voting is and the current rules about photo ID requirements, how people register to vote and how they are verified. We will discuss the latest legislation and court rulings since the Voting Rights Act of 1965, including recent briefings on voting Rights from the U.S. Commission on Civil Rights.

Thur. 6/4 & 6/11 1-2:30 pm
Instructor: Barbara Walters
Campus: Zoom Online Learning

Manifest Destiny-America Moves West

Manifest Destiny describes the development of the American nation which occurred between 1815 and 1875. Key to this change was the opening of the American West.

This course will deal with the internal politics as well as our conflicts with Mexico and England after the purchase of the Louisiana Territory. It will also cover the change in the American persona as the Industrial Revolution took hold.

Mon. 6/1-7/6 1:30-2:30 pm
Instructor: Fred Smith
Campus: Zoom Online Learning

Photo shared by Clay Y.
Introduction to Geology

We see it every day, we walk on it, but many of us are not familiar with what creates and shapes the surface of the Earth-and below. This series will introduce you to the art and science of identifying and interpreting rocks, minerals, and geologic structures. We will also discuss the Earth’s timeline, including the rise of various animal and plant groups, mass extinctions, glacial periods and more.

The series will culminate in a discussion about plate tectonics and its relationship to earthquakes and volcanism.

Bring a rock…let’s see what we can interpret from it!!

Tue. 6/2-6/23 11-12:30 pm Campus: Zoom Online Learning
Instructor: Greg Indelicato Sessions 4
Link to be provided

Photo shared by Clay Y.
HAVE A WONDERFUL SUMMER!

Photo shared by Jan G.
**SAIL INSTRUCTOR BIOGRAPHIES**

**SUMMER 2020**

**Flora Brands** has a B.A. in Criminal Justice/Pre-Law, is a certified EMT-paramedic. She has worked with the Collin County office of Homeland Security utilizing her skills in various positions such as Co-Coordinator, Command Staff, and Volunteer Supervisor. Flora also worked with the Medical Reserve Corp since 2010 as a POD volunteer. She has certifications in Advanced Disaster Life Support and Advanced Incident Command System.

**Andy Brooks** is an independent financial planner with Investment Services Center in Allen. He is active in the Senior Service Coalition of the Allen/Fairview Chamber of Commerce and in other organizations that impact senior issues. He is passionate about providing the latest and greatest information to seniors!

**Robin Cole-Jett** is currently the Educator at the Eisenhower Birthplace State Historic site in Denison, Texas. A graduate of the university of North Texas and Texas Woman’s University with graduate degrees in history, and post graduate work in anthropology, she is also known as the Red River Historian, where she writes, collects, and shares the history of the Red River through articles, books, and presentations. Robin teaches history at area community colleges and consults for museums in education and exhibit programming.

**Lishan Desta** Dr. Desta earned a doctorate in political science from UTD. He currently teaches government and economics at the Spring Creek campus of Collin College. He has lived on three continents and teaches from his varied background in history, culture, and world affairs.

**Paul Dolliver** earned degrees in History and Geology from Baylor University. He is a semi-retired geologist, Texas Master Naturalist, and reader. Paul currently teaches geology courses at Collin, Hill and Richland Colleges.

**Jerry Frankel** Dr. Frankel retired from the practice of medicine after almost forty years as a urologist. Now as a Bridge instructor, he feels like an ambassador for improving the lives of fellow seniors through this challenging and fun game.

**Greg Indelicato** holds a Bachelor’s degree in Geology from Queens College, (CUNY) and a Master’s degree in Earth and Space Sciences from Stonybrook University (SUNY). He has worked as a professional geologist in several capacities, including minerals exploration, petroleum geophysics, exploration geochemistry, geotechnical and hydrogeologic engineering, and environment geology. He also had an opportunity to work with lunar rocks and glasses from Apollo 12 and 15. Greg has lectured on various subjects ranging from Physical Geology to exploration methods for base metals and uranium.

**Sarita Malhotra** is a Certified Personal Trainer with a special focus on nutrition and gentle yoga. She holds a B.S. in psychology from UTD. Sarita has a passion for healthy cooking and eating and is an advocate of a healthy lifestyle for both mind and body.

**Sonia Meltzer** is a graduate of UT Dallas with a master’s in interdisciplinary studies with coursework in holocaust studies, literature, history, history of criticism and aesthetics.

**Ted Ogilvie, JD, MBA** is a practicing attorney in Frisco, Texas. He obtained his undergraduate degree at the University of New Mexico and his MBA from Southwestern Oklahoma State University. He earned his Juris Doctor from what is now the Texas A&M University School of Law. His practice areas include Family Law, Estate and Probate Law, and Business Formation. He holds the American Institute of Family Law Attorneys 10 Best.
SAIL INSTRUCTOR BIOGRAPHIES
SUMMER 2020

Stuart Sax is a veteran, husband, father, and grandfather. After a career in fashion retailing, the class leader now spends his retirement broadcasting on KVGI Radio, working for the City of Frisco, teaching at Collin College, and volunteering with several non-profit, religious, and veteran organizations. In his spare time, he enjoys recorded and live music, old movies, walking, traveling and spending time with family.

Christine Smith is a professional artist whose career has spanned multiple areas of expertise. A graduate of The Art Institute of Dallas, she started her career out of college into the video game industry. She spent years freelancing as a graphic designer, photographer and web developer, until she founded The WERX Foundation, and served as President and Executive Director, assisting nearly 100 start-up companies to become successful small businesses. Christine is also a fine artist, an Adjunct Professor at Collin College and serves as President of the Visual Arts League of Allen (VALA). As an extension of VALA, she set-up and curates the VALA Gallery in the Cotton Mill of McKinney.

Fred Smith is a military retiree who has seen a lot of history firsthand and enjoys teaching historical subject matter. He is a native Texan who has retired to his Texas roots after years of military experience all over the world. He retired from the U.S. Army as a Brigadier General. Fred is a “tenured” instructor for the SAIL program and has been sharing his knowledge for 13 years with the SAIL members.

Barbara Walters has an M.A. in Human Resource Development from U.T. Austin. She has spent 30 years in the corporate world in Leadership Development, including designing and delivering training to managers at all levels and managing teams of trainers.

Don Wolman holds degrees in both science (Tufts University) and engineering (M.I.T.) and has worked in the fields of electric power generation, scientific equipment design, high energy physics and telecommunications. Currently he is a technical writer and creates user guides for a variety of high-tech equipment. Don has been teaching in the SAIL program for several years and enjoys the knowledge and interaction from the SAIL members.
Student Supply List

Paint with Me! Online Paint Along Class

Instructor: Christine Smith

4 canvas boards or canvases, 12 x 16

Basic acrylic paint set-Red, deep yellow, green blue, black & white, burnt umber, raw sienna

Basic brush set-at least 5 different types/sizes (1 1 inch wide flat)

Palette knife

Paper plates or palette paper (for palette)

Water
## SAIL GREAT BOOKS
### Summer 2020 Discussion Schedule

<table>
<thead>
<tr>
<th>DATE</th>
<th>READING*</th>
<th>LENGTH</th>
</tr>
</thead>
</table>
| 6/1   | Selected Poems
       Wislawa Szymborska | 6      |
| 6/8   | The Body of the Condemned
       Michel Foucault | 23     |
| 6/15  | Interpreter of Maladies
       Jhumpa Lahiri | 18     |
| 6/22  | Jane Eyre
       Charlotte Bronte | Novel  |

*Readings are from *Great Conversations 3* (2007) The Great Books Foundation*