Video Interviewing Tips:
When preparing for a video interview, it’s important that you have everything ready before you begin recording

• **Position your webcam at eye level**

• **Proper lighting is essential for high-quality video, so take time to adjust accordingly.**
  
  - The background light should be the brightest in the room.
  
  - A simple desk lamp can be used as your main light source.
  
  - Turn on any available lights in the room, close all windows and check to make sure there is no glare on your monitor.
  
  - Never use your monitor as your light source.

• **Be mindful of your background.**
  
  - Position yourself in front of a wall with neutral colors; avoid patterns, wallpaper and mirrors.
  
  - Be sure your recording area is clean, as a tidy workspace conveys professionalism and organization to your potential employer.
  
  - Turn off all appliances or devices that may create ambient noise or disrupt your interview.

• **Your recording space should be quiet and comfortable**
  
  - Allot yourself ample time to answer each question in your chosen space. Depending on the number of questions, 30-60 minutes should be sufficient.
  
  - Eliminate all possible distractions and interruptions - turn off your cell phone, and if you’re at home, make sure people in the house know you are taking an interview.