



## **PHYSICAL ABILITY TEST INFORMATION**

### **EVENT 1: STAIR CLIMB**

Task Description: The applicant shall climb a 2-story stairwell for a total of five times.

Time allowed: **4 minutes.**

### **EVENT 2: SLEDGE SWING**

Task Description: The applicant shall repeatedly swing a sledge hammer in a chopping motion at a weighted object using enough force to move the object a total distance of approximately 5 feet.

### **EVENT 3: 1- 3/4" HOSE DRAG**

Task Description: 4 connected lengths of 1 3/4" dry hose with a nozzle attached will be folded in a standard manner on the ground. The applicant will grasp the hose line and advance 75ft. in a straight line, make a 90 degree turn and continue an additional 25 ft. The applicant shall stop within the marked area and dropping to one knee, pull the hose line until 50ft. of hose is within the marked area.

### **EVENT 4: EQUIPMENT CARRY**

Task Description: The applicant shall remove two saws from a tool cabinet and place them on the ground. The applicant shall then pick up both saws and carry them while walking 75ft., turn 180 degrees and continue walking back to the starting point where the applicant shall return the saws back into the tool cabinet.

### **EVENT 5: LADDER RAISE AND EXTENSION**

Task Description: The applicant shall approach the top rung of a 24ft. extension ladder, lift the unhinged end from the ground, and walk it up hand over hand until it is stationary against a wall. The applicant shall then immediately proceed to a secured 24ft. ladder, and using the ladder Halyard rope extend the fly section to the top and then back down in a controlled hand over hand fashion.

### **EVENT 6: RESCUE**

Task Description: The applicant shall grasp a mannequin approx. 165lbs and drag it 35ft. to a pre-positioned drum, make a 180 degree turn around the drum and return 35ft. to the finish line.

Total time allowed for Events 2-6: **5 minutes, 30 seconds.**

\* The applicants shall walk 85 ft. along an established walkway to and between each event. Time continues to run during the walk between events. Remaining time from Event 1 may not be applied to Events 2-6. Applicants will wear a 50 lb. vest and two 12.5 lb. shoulder weights during Event 1, applicants will wear a 50 lb. vest during Events 2-6.