



Introducing Your Member Portal

Browse benefits. Request services.
Enjoy 24/7/365 access.

Your Assistance Program offers a wide range of benefits to help improve mental health, reduce stress and make life easier—all easily accessible through your member portal.

Request a Mental Health Session

Request counseling by submitting an online form or live chat. Choose from in-person or virtual counseling options to meet your needs.

Request Referrals & Resources

Submit a request for family care and lifestyle support including childcare and eldercare referrals, legal referrals and financial consultation, personal assistant referrals and medical advocacy consultation.

Explore Thousands of Self-Care Articles & Resources

Health and lifestyle assessments, interactive checklists, soft skills courses, podcasts, resource locators, exclusive discounts, and expansive articles on whole health and well-being.

Visit Your Online Financial Center

Featuring worksheets, calculators, and a wide range of financial resources and tools to help reach personal goals and build financial wellness.

Getting Started Is Easy

1. Visit allonehealth.com/deeroaks and click on "Sign Up" below the login form
2. Enter your email address and the company code "collin" provided by your organization to create an account and sign in
3. For login assistance, select "Email Support"

** You can always call to access services, without needing to create an account or log in to the portal.*



Contact AllOne Health

Call: 1-888-993-7650

Visit: allonehealth.com/deeroaks





Life comes with challenges.

Your Assistance Program is here to help.

Your Assistance Program can help you reduce stress, improve mental health, and make life easier by connecting you to the right information, resources, and referrals.



All services are free, confidential, and available to you and your family members.
This includes access to short-term counseling and the wide range of services listed below:



**Mental Health
Sessions**



**Life
Coaching**



**Financial
Consultation**



**Legal
Referrals**



**Work-Life
Resources**



**Medical
Advocacy**



Unlimited Resources, Always Available

Access your benefits 24/7/365 through your member portal with online requests and chat options. Explore thousands of self-help tools and resources including articles, assessments, podcasts, and resource locators.

Company Code = "collin"

Contact AllOne Health

Call: 888-993-7650

Visit: www.allonehealth.com/deeroaks